



# **FREE** Kidding Around Yoga Class

## Children in Grades K - 5

### Friday, June 5, 2015

### 6:00 – 7:00 p.m. @ the Clarence Youth Bureau

Certified children's yoga teacher Donna Baia from Kidding Around Yoga will be offering a FREE children's yoga class! In this interactive and fun class, children will learn yoga poses while playing games, moving and dancing to original Kidding Around Yoga music and storytelling. We will end the class with a very special relaxation activity that will promote a sense of calm and peacefulness for your child. Parent participation is optional. Kidding Around Yoga classes and day camps will be offered this summer through the Clarence Youth Bureau. Come preview this class and see for yourself just how AMAZING Kidding Around Yoga is! For more information, please visit [www.kiddingaroundyoga.com/donna](http://www.kiddingaroundyoga.com/donna).

**Space is limited. Registration is required by Friday, May 29. Please complete the form below and either mail or drop it off at the Clarence Youth Bureau: 10510 Main Street, Clarence, NY 14031. You may also call the Clarence Youth Bureau at 407-2162 to register.** Please bring a yoga mat if you have one! A few extra mats will be available for use.

Child's Name: \_\_\_\_\_ Grade \_\_\_\_\_ School \_\_\_\_\_

Address \_\_\_\_\_

Phone # (home & cell) \_\_\_\_\_

Email \_\_\_\_\_

Emergency Contact Phone # \_\_\_\_\_

I give permission for \_\_\_\_\_ to participate in this Kidding Around Yoga class. I state that my child is physically able to participate in this activity. I hereby agree to indemnify and hold Donna Baia from Kidding Around Yoga free from any loss, liability, damage, cost or expense that may incur as a result of any injury or property damage that my child may sustain while participating in this activity.

Parent Signature \_\_\_\_\_

Date \_\_\_\_\_

I give permission for my child to be photographed at this event and to allow photos to be published on Donna Baia's website, [www.kiddingaroundyoga.com/donna](http://www.kiddingaroundyoga.com/donna) and/or Facebook page (Kidding Around Yoga with Donna Baia). Names of children will be excluded. I approve of this \_\_\_\_\_ (please initial here)

