



FOR IMMEDIATE RELEASE
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MEDIA CONTACT: Nancy Cardillo
(office) 716.833.0408 (cell) 716.472.6728

**Horizon Health Services to offer FREE support groups for
Western New Yorkers affected by the crash of Flight 3407;
agency goal is to help residents begin the grief process.**

Buffalo, NY – Horizon Health Services, Western New York’s leading provider of addiction and mental health counseling and support services, has announced it will offer four FREE support group sessions for any adult Western New York residents affected by the crash of Flight 3407 last Thursday. The sessions will be conducted by Horizon’s licensed counselors; residents can choose to attend one or all of the sessions.

WHEN: Saturday, February 21 and 28; Saturday, March 7 and 14
9:30 a.m. – 10:30 a.m.

WHERE: Horizon Health Services’ Boulevard Counseling Center
1370 Niagara Falls Boulevard, Tonawanda, NY 14150
(corner of Maple Road)

WHO: Open to the public (adults 18 and older)

HOW: Visit www.horizon-health.org or call **831.1800** for more information

(more)



Horizon/Flight 3407

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“Tragedies such as this affect people in different ways,” says Horizon President & CEO Anne Constantino. “They may experience trouble sleeping, eating, concentrating, etc. In these sessions, we will help people understand and express their feelings by allowing them to talk about the tragedy and thereby begin the grieving process so they can resume their daily routine.”

About Horizon Health Services

Horizon Health Services is the largest and most comprehensive provider of fully-integrated mental health, behavioral health, chemical dependency, medical and vocational treatment and recovery services in Western New York. The not-for-profit organization operates outpatient clinics in Erie, Niagara and Genesee counties, as well as Horizon Village, its 50-bed inpatient facility in Sanborn, NY. For more information, visit www.horizon-health.org.

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