



COUNTY OF ERIE

MARK C. POLONCARZ
COUNTY EXECUTIVE

GALE R. BURSTEIN, MD, MPH
COMMISSIONER OF HEALTH

September 17, 2014

Dear Community Partners,

The Erie County Department of Health (ECDOH) is now an official *Local Municipalities and Counties Partner* to the Department of Health and Human Services **Million Hearts[®]** campaign, to prevent one million heart attacks and strokes by 2017! We strongly support the goals of the **Million Hearts[®]** Initiative and are committed to achieving reductions in cardiovascular events in Erie County.

ECDOH would like to engage **you** in a collaborative effort to identify, promote, expand, coordinate and monitor healthy heart activities in Erie County. We need your help to **catalogue current activities around cardiovascular disease (CVD)¹ and cardio-health.**

Please help us get started by completing a brief **survey of your CVD activities by October 15, 2015.**

ECDOHMillionHeartsSurvey2014

About the survey: To reach the goal of preventing 1 million heart attacks and strokes by 2017, Million Hearts[®] focuses much-needed attention on the **ABCS**, which you will see reflected throughout the form.

However, important activities are NOT limited to these:

1. **Appropriate Aspirin Therapy** - for those who need it (depends on baseline risk).
2. **Blood Pressure Control** - Preventive care, screenings and recommended follow-up plans to include self-monitoring, (may be enhanced by obesity prevention activities).
3. **Cholesterol Management** - Preventive care, screenings and recommended follow-up plans to include self-monitoring, (may be enhanced by obesity prevention activities).
4. **Smoking Cessation** – Provide, promote and support smoking cessation activities and smoke-free policies in your community.

¹ Defined as having ever been told by a health professional that respondent had a heart attack, angina or a stroke



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Once we have collected all the surveys, results will be compiled and a meeting will be arranged to learn more about **Million Hearts**[®]. We will share the information, help cross-promote efforts, discover gaps, and look for ways to better monitor progress and further enhance effective cardiovascular disease (CVD) reduction interventions, in order to make the goals of **Million Hearts**[®] a reality.

Please feel free to contact me with any questions or concerns about the survey. I look forward to sharing and meeting with you sometime (TBD) in early November!

Sincerely,

A handwritten signature in blue ink, appearing to read "Gale R. Burstein", with a long horizontal flourish extending to the right.

Gale R. Burstein, MD, MPH
Commissioner of Health

A handwritten signature in blue ink, appearing to read "Liese M. Ness", written in a cursive style.

Liese M. Ness MS Ed
Community Wellness Coordinator