

**Offering compassionate support
to your loved one
may keep them alive.**

**If possible, speak with
your loved one's counselor
to take part.**

**Get consents.
Make the call.**

Resources

Addict2Addict Family Support
(716)836-2726

Family 2 Family Recovery Resource Guide
WWW.FOR-NY.ORG/RESOURCES/FAMILY-RESOURCES/FAMILY-FAMILY-RECOVERY-RESOURCE-GUIDE/

Horizon Health Services
WWW.HORIZON-HEALTH.ORG/SERVICES/OUTPATIENT/FAMILY-ADOLESCENT/ 831-1800

INHO—In His Name Outreach
WWW.INHISNAMEOUTREACH.ORG/ 716-464-3681

**New York State Office of Alcohol &
Substance Abuse (OASAS)** WWW.OASAS.NY.GOV

Save the Michaels of the World, Inc.
WWW.SAVETHEMICHAELS.ORG/ 716-984-8375

**Substance Abuse & Mental Health Services
Administration (SAMHSA)** WWW.SAMHSA.GOV
WWW.COMBATHEROIN.NY.GOV

Self Help Groups
Al-Anon WWW.AISWNY.ORG 716-856-2320
Nar-Anon WWW.NAR-ANON.ORG
Smart Recovery WWW.SMARTRECOVERY.ORG/

Support, Grief & Education Information

Many of our loved ones
died from shame.
Their motivation to stay here
is the hope that
things will get better.

You are their hope.

Family Support
is CRUCIAL to recovery.

Opioid Epidemic Family Support Information

WWW.OPIOIDAFFECTEDFAMILIES.COM

The Addict's Mom
WWW.FACEBOOK.COM/ADDICTSMOM

Faces of Opioids WWW.FACESOFOPIOIDS.ORG/

Addiction Hotline
716-831-7007



**You are
not alone**

Things to Know
*When a Loved One
Has
Substance Use
Disorder*



Addiction Hotline
716-831-7007

***Abandonment is the
Worst Response***

Substance Use Disorder is a Disease

It is NOT a moral failing or personality defect.

It is a lifelong, chronic DISEASE of the brain.

There are treatment options available for you & your loved one.

Just as each person is unique, it may take patience & persistence to determine which treatment option(s) will be most effective in your situation. Untreated diseases are progressive.

Addiction often involves cycles of relapse & remission. Families need to prepare our loved ones for the cycles.

"I have heard from countless young people that the reason they got into recovery was because of the connection with a parent who fought for them when they couldn't figure out how to help themselves."

Pat Aussem

Master Addictions Counselor

Educate Yourself

Counseling, which includes Disease Management, is recommended.

Partnership for Drug Free Kids
www.drugfree.org/

www.drugfree.org/article/look-for-warning-signs/

Medication Assisted Treatment (MAT) has been proven to be the most effective treatment currently available.

Medications used in Medication Assisted Treatment

- ◆ **BUPRENORPHINE, SUBOXONE, BUNAVAIL**
DAILY FILM OR MONTHLY INJECTION
- ◆ **ZUBSOLV** SUBLINGUAL TABLETS
- ◆ **ACAMPROSATE CALCIUM**
- ◆ **CAMPRAL** DAILY PILL
- ◆ **METHADONE** DAILY DOSE
- ◆ **NALTREXONE**
- ◆ **REVia/DEPADE** DAILY PILL
- ◆ **VIVITROL** MONTHLY INJECTION

Narcan is a "do no harm" life saving medication

Narcan® (naloxone)

Get trained and carry naloxone—a nasal spray that temporarily reverses opioid overdoses.

Naloxone has saved thousands of lives & is available at drug stores without a prescription. Minutes count when an individual is overdosing—be prepared.

Free training is available from the **Erie County Department of Health**
716.858.7690

www.erie.gov/health

The consequence for having a disease should not be a preventable death!

You are protected by the Good Samaritan Laws