

**WESTERN NEW YORK
ADULT IMMUNIZATION
COALITION**

MEMBERS

BLUE CROSS BLUE SHIELD OF WNY

CATHOLIC HEALTH SYSTEMS

DEPARTMENTS OF HEALTH:

ERIE COUNTY

ALLEGANY COUNTY

CATTARAUGUS COUNTY

GENESEE COUNTY

NIAGARA COUNTY

ORLEANS COUNTY

WYOMING COUNTY

NEW YORK STATE

ERIE COUNTY DEPT. OF SENIOR SERVICES

GLAXO SMITH KLINE

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INDEPENDENT NURSING CARE

MAXIM HEALTH SYSTEMS

MEDICAL SOCIETY OF WNY

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PHARMACISTS ASSOC. OF WNY

SANOFI PASTEUR

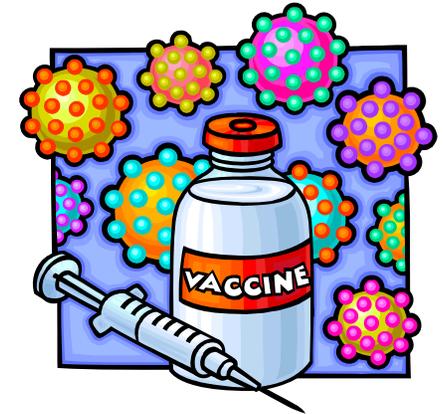
SIBLEY NURSING

UNIVERA HEALTHCARE

VNA of WNY

VACCINES...

**ADULTS
NEED
THEM, TOO!**



**PRESENTED BY:
The Western New York
Adult
Immunization Coalition**



**VISIT OUR WEBSITE AT:
WWW.IMMUNIZEWNY.ORG**

Your best protection against diseases? Vaccines! As an adult, you need to be protected from many different illnesses. Far too many adults become ill, are disabled, and die each year from diseases that could easily have been prevented by vaccinations.

Many people think diseases like hepatitis A & B and pertussis will not affect them...this is not the case. If you were never immunized or never had these diseases, you are at risk. If you were immunized as a child, you may need updating because some vaccinations lose their effectiveness over time. To find out what shots you may need or where to get vaccines, contact your doctor or local health department.

REMEMBER....vaccines are not just for kids!! **EVERYONE from young adults to senior citizens can benefit from vaccinations.**

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### **INFLUENZA (FLU)**

Recommended every Fall for all people age 50 and older, those under 50 with chronic medical problems, pregnant women, and anyone who wants to reduce their risk of becoming ill with the flu.

### **PNEUMONIA**

A single dose is recommended for all people over age 65, or those under 65 with certain chronic diseases.

### **TETANUS, DIPHTHERIA (Td,Tdap\*)**

All adults need a booster dose every ten years after completion of the 3 dose primary series.

\*Tdap, a one time booster, includes PERTUSSIS

### **HEPATITIS B**

A 3 dose series is recommended for health care workers, travelers, dialysis patients, anyone diagnosed with a sexually transmitted disease, men who have sex with men, those with more than one sex partner, and illegal drug users.

### **HEPATITIS A**

A 2 dose series is recommended for many adults and travelers.

### **MEASLES/MUMPS/RUBELLA (MMR)**

One dose is recommended for those born in 1957 or later that have not been previously vaccinated. Sometimes a second dose is required.

### **VARICELLA (CHICKEN POX)**

A 2 dose series is recommended for those who have never had chicken pox.

### **ZOSTER (SHINGLES)**

One dose is recommended for those who are 60 years and older with a history of chicken pox.

### **MENINGITIS**

One dose is recommended for college students and those at risk.

### **POLIO**

Recommended for some travelers.