

Memorandum

ECLEG JUN01'12 AM 9:09

To: Legislator Thomas Mazur
CC: Health and Human Service Committee-Erie County Legislature
From: Dr. Gale Burstein, Commissioner of Health
Date: 6/1/2012
Re: Recreational use of dextromethorphan by adolescents

- There are positive and negative effects to *every pharmaceutical*; dextromethorphan does not stand alone as being a harmful over the counter product.
 - Even Tylenol can be overdosed, with fatal results
- Adolescents have brains that are still physically developing; as a result they often lack the judgment of adults. As a result they are more likely to abuse products like dextromethorphan
- Dextromethorphan provides a cheap easy high, *but it is not addictive*
- Recommendations:
 - Limit sale of dextromethorphan containing products to those over the age of 18
 - Restrict the size of dextromethorphan containing products to 12 oz.