

SUSPENSION
TO PS

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HOWARD K. HITZEL, Psy.D., M.P.A.

PS

EDUCATION

- Psy. D.** Indiana University of Pennsylvania
(APA Approved)
Indiana, Pennsylvania
Major: Clinical Psychology
May, 1997
- M.P.A.** Canisius College
Buffalo, New York
Major: Public Administration
May, 1997
- M.A.** Edinboro University
Edinboro, Pennsylvania
Major: Professional Psychology
December, 1978
- B.A.** Grove City College
Grove City, Pennsylvania
Major: Psychology
May, 1977

LICENSURE: Licensed Psychologist - New York #013500-1

PROFESSIONAL EXPERIENCE:

ADMINISTRATIVE AND CLINICAL EXPERIENCE

President

Lake Shore Behavioral Health, Inc.
Buffalo, New York
June 1998 - Present

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Responsible to a community Board of Directors for the overall operation of a \$15 million not-for-profit community mental health center. The agency employs more than 220 staff and serves in excess of 3800 consumers on an annual basis. Lake Shore emphasizes services to individuals with mental health and chemical dependency problems. The agency provides outpatient mental health, addiction recovery, and psychiatric rehabilitation services at nine locations throughout the Buffalo metropolitan area. Lake Shore's behavioral health programs are licensed by the State of New York and serve diverse populations, both urban and rural, including a predominantly Hispanic community in the city of Buffalo.

Independent Private Practitioner

**Hamburg Professional Center
229 Main Street
Hamburg, New York 14075
June, 1999 - Present**

Provide individual and family psychotherapy to older children, adolescents, adults and families. Doctoral education and training focused on a transtheoretical approach to psychotherapy with a particular emphasis on family systems and time-limited cognitive-behavioral interventions. Experienced in providing psychotherapy to individuals with serious mental illnesses.

Director of Treatment Services

**Lake Shore Behavioral Health, Inc.
Buffalo, New York
June, 1996 - June 1998**

This position entailed the clinical and administrative oversight of the corporation's mental health programs including three outpatient clinics, three continuing day treatment programs, an intensive psychiatric rehabilitation program, and services for clients with problems related to both mental illness and chemical dependency.

Cumulatively, these programs served approximately 1200 clients and involved 60 clinical and support staff. The position involved direct supervision of program directors to ensure that the clients were provided with quality mental health services that met their needs. Job responsibilities included coordinating program evaluation and development, monitoring treatment utilization and staff productivity, and interfacing with the agency's Board of Directors, the Office of Mental Health, Erie County's Department of Mental Health, other community providers, and health maintenance organizations.

Psychologist II

**Central New York Psychiatric Center/Attica Correctional Facility
Attica, New York
June, 1995 - June, 1996**

The Mental Health Unit (MHU) at Attica Correctional Facility is an outpatient program of Central New York Psychiatric Center. I was employed on the MHU's Intermediate Care Program, a 78-bed unit where inmates with serious and persistent mental illnesses are segregated from the general prison population. The goal of the program was to help inmates better manage and cope with their illnesses so they would be able to return to the general prison population. The job involved providing an array of psychological services to inmates including individual and group psychotherapy, treatment planning, case management, and parole assessments. In this position, I was confronted with and had to overcome the many barriers that exist to providing effective mental health services in corrections environment.

ADMINISTRATIVE AND CLINICAL EXPERIENCE (continued)**Assistant Psychologist/Clinical Instructor**

**University of Rochester Medical Center, Rochester, New York
September, 1994 to May, 1995**

This position involved clinical work at Strong Ties, an outpatient mental health clinic serving individuals with serious and persistent mental illnesses. Strong Ties offers a comprehensive array of services to eligible clients with the goal of helping them to manage their illnesses and live as productively as possible in the community. My job responsibilities included working with a caseload of clients for whom I provided individual psychotherapy, family counseling, treatment planning and coordination, and professional case management services. I also co-facilitated a symptom management group for persons with schizophrenia and a dialectical behavior therapy group for individuals diagnosed with borderline personality disorder. The provision of psychological testing services and intake evaluations was also part of my role at the clinic. Supervisor: Alice Hoagland, Ph.D., Licensed Psychologist

Predoctoral Clinical Psychology Intern

**University of Rochester Medical Center, Rochester, New York
September, 1993 to August, 1994**

The goal of this internship was to prepare psychologists for public sector careers devoted to working in community mental health centers. This yearlong training program was intended to acquaint interns with the treatment approaches employed in the Medical Center's comprehensive, community-based, mental health care system. I functioned as a primary therapist in a certified outpatient clinic treatment program. I gained additional experience in providing an array of services including individual and group psychotherapy, intake assessments, psychological testing, crisis intervention, and consultation with other professionals.

**Supervisors: Alice Hoagland, Ph.D., Licensed Psychologist
Steven Silverstein, Ph.D., Licensed Psychologist**

Practicum Student

**Family and Couples Clinic, Center for Applied Psychology
Indiana University of Pennsylvania, Indiana, Pennsylvania
January, 1993 to December, 1993**

The clinic provided family therapy and assessment services to individuals from the community and the university employing a family systems perspective. The emphasis was on brief, problem-focused treatment as well as integrative and consultative approaches.

Supervisors: Marsall Hansen, Ph.D., Licensed Psychologist

ADMINISTRATIVE AND CLINICAL EXPERIENCE (continued)

Practicum Student

**Assessment Clinic, Center for Applied Psychology
Indiana University of Pennsylvania, Indiana, Pennsylvania
January, 1992 to May, 1993**

Provided psychological assessments to a broad population including college students, children, adolescents, and adults. Evaluations were conducted for varied purposes including assessment of learning disabilities, assisting the court in making placement decisions with adolescents, evaluating disabled persons for vocational rehabilitation, screening applicants to a police academy and for jobs as police officers, and assessing abused children.

**Supervisors: Leon VandeCreek, Ph.D., ABPP, Licensed Psychologist
Marsali Hansen, Ph.D., Licensed Psychologist**

Treatment Team Leader

**Community Services Department
New York State Office of Mental Health
Gowanda Psychiatric Center, Gowanda, New York
July, 1988 - February, 1991**

Responsible for the clinical and administrative oversight of five outpatient programs providing services to persons with serious and persistent mental illness. Programs under supervision included two Continuing Treatment programs, a Community Residence, a transitional living program, and a psychosocial club. Cumulatively, these programs served approximately 250 outpatients and involved approximately 50 staff. Responsibilities included establishing program goals, developing policies, supervising program managers, overseeing ongoing program operation, and providing management and clinical direction to the programs.

Supervisor: William Serafin, A.C.S.W., Deputy Director

Program Director, Psychologist II

**Gateways Continuing Treatment Program
Gowanda Psychiatric Center Community Services
Dunkirk, New York
May 1983 - July 1988**

Responsible for the day to day operation of a New York State Office of Mental Health certified Continuing Treatment Program serving approximately 100 clients. Provided leadership to an interdisciplinary treatment team of eleven staff members. Duties included supervising senior clinical staff members, ensuring program components met Office of Mental Health Standards, ensuring medical records complied with standards, communicating with other local service providers, coordinating program planning to ensure client needs were met, and leading weekly treatment team meetings.

Supervisor: Rachel Hill, Ph.D., Licensed Psychologist

ADMINISTRATIVE AND CLINICAL EXPERIENCE (continued)

Psychologist II

**Gowanda Psychiatric Center
Helmuth, New York
October 1982 - May 1983**

Provided psychological services to two inpatient wards on the Independence Unit. Responsibilities included completing assessments, psychological testing, individual and group therapy, and family counseling. Participated as a member of an interdisciplinary treatment team.

Supervisor: Robert Wadsworth, Ph.D.

Psychology Associate/Program Director - Partial Hospitalization

**Six County Community Mental Health Services Inc.
Zanesville, Ohio
January 1982 - October 1982**

Responsibilities included overseeing the day to day operation of a Partial Hospitalization Program, supervising program staff, planning and developing new programs, and providing direct services to clients. The program worked closely with a local inpatient psychiatric unit. Maintained a Clinic caseload consisting primarily of older children and adolescents.

Supervisor: May Chu, Ph.D., Licensed Psychologist

Psychology Associate

**Six County Community Mental Health Services, Inc.
Zanesville, Ohio
November 1979 - January 1982**

Responsibilities included providing outpatient Clinic and Partial Hospitalization services in a rural catchment area. Clinic services primarily involved work with older children and adolescents. Regular duties included individual and group therapy, intake screenings, crisis intervention, consultation with school-based special education programs, and community education.

Counselor/Therapist

**Southwestern Pennsylvania Youth Alternatives, Inc.
Washington, Pennsylvania
January, 1978 - November 1979**

This was a status offender diversion project, which served adolescents between the ages of eleven and eighteen and their families. Responsibilities included individual therapy, family therapy, psychological testing, preparation and implementation of treatment plans, and extensive consultation with schools and various community agencies.

Supervisor: Richard Levy, Ph.D., Licensed Psychologist

ADMINISTRATIVE AND CLINICAL AND EXPERIENCE (continued)

Graduate Clinical Internship

**Warren State Hospital, Warren, Pennsylvania
August 1978 - January 1979**

Primary responsibilities were on one of the hospital's geographic treatment units with part-time rotations on the Geriatric, Forensic, and Adolescent units. Activities included intake evaluations, individual and group psychotherapy, psychological assessment, and participation on unit treatment teams. Supervisor: Dennis Geiger, Ph.D., Licensed Psychologist

TEACHING EXPERIENCE

Teaching Associate

**Psychology Department
Indiana University of Pennsylvania, Indiana, Pennsylvania
September, 1992 - May, 1993 (two semesters)
Assumed full responsibility for teaching two sections of General Psychology (approximately 100 students).
Supervisor: George Walz, Ph.D.**

Teaching Assistant

**Psychology Department
Indiana University of Pennsylvania, Indiana, Pennsylvania
September, 1991 - December, 1991
Responsibilities included assisting in the instruction of an introductory-level graduate assessment course by reviewing and critiquing videotaped administrations of the WAIS-R. Supervisor: Donald U. Robertson, Ph.D., Licensed Psychologist**

PROFESSIONAL ACTIVITIES

AFFILIATIONS

**American Psychological Association, Member
American Psychological Association's Division of Psychologists in Public Service - Division 18, Member
New York State Council for Community Behavioral Healthcare - President, Board of Directors
Association of Behavioral Healthcare Management, Member
Western New York Care Coordination Program, Steering Committee member**