

## MEMORANDUM

To: Honorable Members of the Erie County Legislature  
From: Department of Senior Services  
Re: Establish AMP 2016-2017 grant  
Date: April 22, 2016

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### **SUMMARY**

Approve the attached resolution to accept \$20,000 of Aging Mastery Program® (AMP) grant funding, from the New York State Office of the Aging (NYSOFA), for the period January 1, 2016 to March 31, 2017.

### **FISCAL IMPLICATIONS**

No additional county funds required. The grant is 100% State funded.

### **REASONS FOR RECOMMENDATION**

These funds will allow the Department of Senior Services to partner with two of our subcontracting agencies, The Buffalo Federation of Neighborhood Centers Inc. and the Town of Hamburg by and through Town of Hamburg Senior Services to offer a program to engage older adults and address their physical, financial, and emotional wellness.

### **BACKGROUND INFORMATION**

The National Council on Aging's (NCOA) Aging Mastery Program® (AMP) offers community-based organizations a clear path to engage older adults and address the physical, financial, and emotional wellness of older adults. First piloted nationally in five senior centers, AMP incorporates evidence-based materials, expert speakers, group discussion, and peer support to give participants the skills and tools they need to achieve measureable improvements in managing their health and remaining economically secure. The program aims to empower older adults to make and maintain small, impacting changes to their behaviors to live a healthier, happier and more secure life.

The Aging Mastery Program® (AMP) is a behavior change incentive program for aging well. Central to the AMP philosophy is the belief that modest lifestyle changes can produce big results and that people can be empowered and supported to cultivate health and longevity. Equally important, the program encourages mastery developing sustainable behaviors across many dimensions that will lead to improved health, stronger financial security and overall well-being. Each level of mastery is based on consistency and duration, allowing participants to set individual goals. Another key element of the program is the reward system, designed to both motivate and encourage ongoing participation.

NYSOFA, in partnership with NCOA, the New York State Health Foundation, LiveOn NY, and SUNY Albany's Center for Excellence in Aging & Community Wellness are seeking to implement the AMP program in NYS. Specific counties were selected based on the priority areas

of the New York State Health Foundation coupled with interested AAA's who have the ability to pilot the program within their respective counties.

**CONSEQUENCES OF NEGATIVE ACTION**

The Department of Senior Services would be unable to provide this opportunity to older adults in Erie County.

**STEPS FOLLOWING APPROVAL**

The Department will establish the budget for the AMP grant and enter into subcontracts.

A RESOLUTION SUBMITTED BY:  
DEPARTMENT OF SENIOR SERVICES

**RE: Establish AMP 2016-2017 grant**

WHEREAS, the New York State Office for the Aging (NYSOFA) has recently awarded the Department of Senior Services \$20,000 of Aging Mastery Program (AMP) grant funds for the period January 1, 2016 to March 31, 2017; and

WHEREAS, the funds are to be utilized for the purpose of implementing the The Aging Mastery Program® for Older adults in Erie County; and

WHEREAS, the grant is 100% state funded and does not require a local share; and

WHEREAS, the Department of Senior Services desires to contract, at a cost not to exceed \$10,000 per subcontractor, with the Buffalo Federation of Neighborhood Centers Inc. and the Town of Hamburg, to implement the Aging Mastery Program in their communities.

NOW, THEREFORE, BE IT

RESOLVED, the County Executive be and is hereby authorized to enter into a contract with NYSOFA to accept the AMP funding for the period January 1, 2016 to March 31, 2017; and be it further

RESOLVED, the County Executive be and is hereby authorized to contract with the Buffalo Federation of Neighborhood Centers Inc. and the Town of Hamburg by and through the Town of Hamburg Senior Services, at a cost not to exceed \$10,000 per subcontractor; and be it further

RESOLVED, the County Executive be and is hereby authorized to enter into contracts and amendments with NYSOFA and the Buffalo Federation of Neighborhood Centers Inc. and the Town of Hamburg by and through Town of Hamburg Senior Services to effectuate adjusted funding levels; and be it further

RESOLVED, that the budget for the 163AMP1617 grant, be established as follows:

REVENUES		INITIAL BUDGET
Account	Description	
409000	State Aid	<u>\$20,000</u>
	TOTAL	<u>\$20,000</u>

APPROPRIATIONS		INITIAL BUDGET
Account	Description	
516020	Professional Services & Fees	<u>\$ 20,000</u>
	TOTAL	<u>\$20,000</u>

and be it further

RESOLVED, that, the Director of Budget and Management is hereby authorized to adjust the budget as required to comply with the NYSOFA approved funding levels; and be it further.

RESOLVED, that certified copies of this resolution be forwarded to the County Executive Office, the County Attorney, the Division of Budget and Management, the Comptroller's Office and the Department of Senior Services.



# COUNTY OF ERIE

**MARK C. POLONCARZ**

COUNTY EXECUTIVE

April 22, 2016

Erie County Legislature  
92 Franklin Street, 4th Floor  
Buffalo, New York 14202

**Re: Establish AMP 2016-2017 grant**

Dear Honorable Members:

Enclosed please find a proposed resolution and accompanying memorandum from the Department of Senior Services requesting authorization to accept \$20,000 of Aging Mastery Program (AMP) grant funding from the New York State Office for the Aging, for the period January 1, 2016 to March 31, 2017.

Should your honorable body require further information, I encourage you to contact Commissioner Randall Hoak at the Department of Senior Services. Thank you for your consideration on this matter.

Sincerely yours,

A handwritten signature in black ink that reads "Mark C. Poloncarz". The signature is written in a cursive style.

Mark C. Poloncarz, Esq.  
Erie County Executive

MCP/bb  
Enclosure

cc: Randall Hoak, Commissioner, Department of Senior Services