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COUNTY OF ERIE

MARK C. POLONCARZ

COUNTY EXECUTIVE

November 22, 2017

Erie County Legislature
92 Franklin St.
4th Floor
Buffalo, NY 14202

Dear Honorable Members,

Pursuant to the powers vested in me by Section 11-B-03 of the Erie County Charter, I hereby appoint the following people to the Erie County Mental Hygiene Community Services Board for the terms stated. Their terms will expire **December 31, 2019**.

Reappointments:

Maya Hu Morabito
25 Whitney Place
Cheektowaga, New York 14227

Helen Trowbridge Hanes
Aspire of WNY
2495 Main Street, Suite 203
Buffalo, New York 14214

Dawn Skowronski
4306 Victorian Drive
Hamburg, New York 14075

Erica Westphal
572 Auburn Avenue
Buffalo, New York 14222

New Appointment:

Michele Queffelec Brooks, MPH
151 Colony Court
Amherst, New York 14226

Sincerely Yours,

Mark C. Poloncarz, Esq.
Erie County Executive

cc: Michael Ranney, Commissioner of Erie County Department of Mental Health
Appointees

Maya Hu- Morabito

25 Whitney Place Cheektowaga, NY 14227

Health and Human Services Professional

Education

University at Buffalo, Master of the Arts
Concentration: Disability Studies/Interdisciplinary
Graduation: September 2013

University at Buffalo, Bachelor of the Arts
Majors: Psychology and Sociology
Graduation: January 2009

Employment Experience

Chemung ARC/NY START
300 Langner Rd. Suite 150 West Seneca, NY
(607) 734-6151
October 2014 – Present

Western Region Team Leader: Oversee START Coordinators over 8 county region including 24 hour on call support. Collaboratively design and implement innovative programming with general guidance from National program. Provide crisis prevention and intervention services for people with developmental disabilities and co-existing mental health diagnoses and/or behavioral health concerns. Develop comprehensive service evaluations and clinical cross systems plans to identify system gaps and offer supportive strategies. Participate in regular community outreach and training.

People Inc.
1219 North Forest Rd. Williamsville, NY 14221
(716) 634-8132
September 2012 – October 2014

Promoted to Senior Program Manager (Program Development): Manage assigned (25) Consolidated Supports & Services cases to ensure quality direct care services are provided; assist individuals/families in Self-Directed Services to meet needs and service requirements. Provide oversight regarding fiscal management and budgeting. Maintain staffing needs for entire department including application review, interviews, and department specific training. Review program documentation to ensure compliance and OPWDD/Medicaid billing standards are met. Develop department policy and procedure to reflect regulatory requirements. Development and oversight of Self Directed Respite Services.

People Inc.
3131 Sheridan Dr. Amherst, NY 14226
(716) 880-3700
November 2009 – September 2012

Medicaid Service Coordinator: Researched, coordinated, and managed services for 37+ developmentally disabled individuals. Service areas include but not limited to: financial benefits, health care, transportation, educational/employment services, and housing. Advocate for rights and interests of each individual.

People Inc.
Individual Residential Alternative Clarence, NY
(716) 741-2135
February 2009 - November 2009

Team Leader: Trained and oversaw direct care workers and assisted in the care of 12 developmentally disabled individuals residing in private individual residential alternative. Ensured site documentation was current and accurate monthly. Collaborated with treatment team to enhance policies and procedures on site.

Summit Educational Resources
150 Stahl Rd. Getzville, NY 14068
(716) 799-8130
February 2008 - April 2009

Key Competencies:

- Nonprofit Service
- Service Coordination & Case Management
- Community Education & Outreach
- Program Development
- Intellectual and Developmental Disabilities
- Mental Health
- Regulatory Guidance & Corporate Compliance

Promoted to Life Skills Head Coach: Actualized life skills concepts through sports with developmentally disabled children. Promoted an understanding of developmental disabilities and positive approaches to behavior support. Assisted in training and supervising staff and activity development.

Residential Habilitation Specialist: Created strategies to enable developmentally disabled children to achieve set goals. Worked with children to reinforce behavior. Completed documentation to track progress.

Respite Specialist: Provided supervision to ensure safety of developmentally disabled children during parental absence.

Relevant Experience

Department of Mental Health

95 Franklin St. 12th floor Buffalo, NY 14202

(716) 858-8530

March 2014-Present

Board member/Community Services Board: Represent Mental Health Sub-Committee issues; promote collaboration between human services fields; act as an advisory panel to the Commissioner for Mental Health and the county legislative process.

September 2013-January 2016

Co-Chair/Mental Health Sub-Committee: Advocate on behalf of individuals with mental health concerns and voice community issues in order to decrease disparities between larger policy making and individual lived experience; act as an advisory panel to the Department of Health Community Services Board.

Private Practice – Electronic Gaming Therapy Inc.

3300 Sheridan Dr. Buffalo, NY 14226

(716) 961-9435

March 2007 - August 2008

Promoted to Business Manager: Guided electronic gaming therapy program to improve social behavior of children with attention deficit disorder and/or autism. Processed enrollment and billing paperwork.

Buffalo Psychiatric Center

400 Forest Ave. Buffalo, NY 14213

(716) 885-2261

May 2007 - March 2008

Intern: Facilitated interaction and participation with patients. Developed behavior plans and group interest workshops. Implemented treatment team recommendations.

Additional

Leadership Buffalo: Rising Leaders Class of 2014

Company recommended and sponsored for competitive program designed to unite existing and emerging leaders in order to increase knowledge of community issues, broaden vision, and enhance their ability to lead.

Grant proposals: 2017 Anti Stigma Campaign "Join the Conversation"

Testimonials

"She is a true leader and provides exceptional support to individuals making life changing decisions. She is compassionate and caring and always willing to go above and beyond her job responsibilities. Her creativity is one of her greatest assets...Her enthusiastic embrace of learning new skills and offering to teach others what she knows will go a long way..." - *Rhonda Frederick, Chief Operating Officer, 2013*

"Ms. Hu's performance in all settings was exemplary. Her greatest strengths were her interpersonal skills: she was genuine and empathic and effective even with the most difficult of patients, she established and maintained effective working relationships with team members, she was receptive to and offered appropriate and constructive feedback, and she always displayed a high level of poise." - *Dr. Drew Messer, Co-Director Electronic Gaming Therapy Inc. 2011*

HELEN A. TROWBRIDGE HANES
2219 Beckwith Road
Batavia, New York 14020

Professional Objective

An administrative position with an organization that provides Social Services that will utilize abilities in personnel systems establishment, planning and coordinating.

Education

State University of New York at Buffalo (1977)
Buffalo, New York

Degree: Master of Education, with a concentration in School Counseling

State University of New York at Buffalo (1974)
Buffalo, New York

Degree: Bachelor of Science in Education, Secondary Education/Social Studies

Certification

Possess provisional certification for guidance counseling, and permanent certification in Secondary Social Studies instruction through the New York State Education Department.

Work Experience

July, 1990/Present – Aspire of WNY, Vice President of Community Living. Oversees total operational budget of \$14 million. Includes oversight of services provided in 40 certified settings, Respite Care Center and At-Home Services. Develops operating budgets, applies for and monitor HUD grants and operations. Oversees Human Resources for the Division. Work closely with OMRDD (State Agency) that provides funding and oversight. Expertise in labor relations with a bargaining unit.

Nov. 1987/July, 1990 – United Cerebral Palsy of Niagara County, Associate Director of Residential Services, Primary Administrator for Residential Department. Extensive experience with all aspects of operations as well as experience in program development from site selection to pre-opening certification and budgeting.

June, 1986/Nov. 1987 – United Cerebral Palsy of WNY, Program Coordinator for two Intermediate Care Facilities. Program Administration and Management, Supervise Interdisciplinary Treatment Team monitor regulation compliance and development.

Jan. 1980/June, 1986 – Suburban Adult Services, Inc. - Evaluator. Performed vocational evaluations, group counseling and values clarification, placement preparation and daily living skills instruction.

Nov. 1978/Jan. 1980 – Niagara Frontier Vocational Rehabilitation Center. Counselor/Evaluator, PAT Counselor, Vocational Counselor and Senior Evaluator at the Singer Evaluation Unit, Counselor for Drinking and Driving Program.

1974-1978 – Substitute Teacher at local School Districts.

DAWN MARIE SKOWRONSKI
4306 Victorian Drive
Hamburg, NY 14075

EDUCATION

September 1982
May 1984
State University of New York at Buffalo
Degree: Master of Social Work (MSW)
Certified Social Worker (CSW)
Licensed Clinical Social Worker (LCSW-R)

September 1974
May 1978
State University of New York College at Buffalo
Degree: Bachelor of Science in Education
Division: Exceptional Education / MR
Elementary Education K-6

EMPLOYMENT

June 1987 -
November 1995
Mid-Erie Counseling and Treatment Services
Title: Child Specialist – Senior Counselor
Duties: Individual and Family Therapy; Group work with children and parents;
Planning and conferencing with schools; Case management, Inservice
presentations.

November 1995
July 1999 -
Program Supervisor / Supervising Counselor Child Mental Health Program
Supervised clinical staff; responsible for monitoring implementation of regulations;
responsible for overall facility functioning.

August 1999 -
December 2015
Director of Children’s Mental Health
Oversee all child programs; responsible for program development, quality
improvement, adherence to New York State and Erie County Regulations.

January 2016 –
Present
Director of Community Based Services – develop and oversee all community
based programming.

June 1984 -
May 1987
United Cerebral Palsy Association of Western New York, Inc.
Title: Program Coordinator – November 1984 – May 1987
Duties: Responsible for compliance with Federal and State Medicaid Regulations in a
Children’s and Adult Intermediate Care Facility; Supervised clinical staff; Member
of all Standing Committees within Residential Services; Developed and implemented
Staff development and training programs.

Title: Client Coordinator – June 1984 – November 1984
Duties: Developed goals and programming for 15 developmentally disabled adults living in a
community based ICF; Supervised and trained 12 direct care staff in the
Implementation of programs; Developed Staff training programs; Liaison with families
and day programs.

March 1984 -
December 1984
People Inc.
Title: Independent Living Skills Trainer
Duties: Taught two semesters of community skills to developmentally disabled adults.
Program run out of Buffalo State College.

May 1983 -
August 1983
Hopevale, Inc.
Title: Social Worker (substitute)
Duties: Responsible for individual and family therapy, case management.

DAWN MARIE SKOWRONSKI
4306 Victorian Drive
Hamburg, NY 14075

EMPLOYMENT

November 1982 -
September 1983

Association for Retarded Children

Title: Substitute

Duties: Responsible for all regular programming of shift worked in group home.

January 1979 -
August 1982

Suburban Adult Services, Inc.

Title: Training Supervisor – Day Training Program

Duties: Supervised training, work assignments, and follow-up for 30-40 Developmentally Disabled Adults; Supervised 4 staff.

GRADUATE SCHOOL INTERNSHIPS

September 1983 -
May 1984

Orchard Park School District

September 1982 -
May 1983

Hopevale, Inc.

References Available Upon Request

572 Auburn Avenue, Buffalo, NY 14222

ERICA S. WESTPHAL, B.Sc., B.A., CCRC

EDUCATION

University at Buffalo | The State University of New York, Buffalo, NY 2004 – 2008

Bachelors of Science: Biological Sciences

Bachelors of Arts: Psychology

Minor: English

PROFESSIONAL EXPERIENCE

Neuropharmacology Research Associate | Dent Neurologic Institute 2008 (Jul) – Present

3980 Sheridan Drive, Suite 500, Amherst, NY 14226

- Co-Investigator and Research Coordinator for Investigator Initiated Research (IIR) studies
- Protocol development and writing, participant recruitment, data collection, statistical analysis, abstract and manuscript writing and submission
- Secure funding in order to conduct IIR
- Communicate with the Food and Drug Administration (FDA) for investigational new drug (IND) applications
- Supervise a clinically certified laboratory; run samples, regulate and order laboratory supplies, perform quality control measures, maintain CLIA licensure, train personnel
- Manage student volunteers and fourth year pharmacy research track students; recruiting, scheduling, laboratory training, and data processing training
- Oversee all correspondence with the Investigational Review Board (IRB) for IIR studies
- Maintain and query patient database in ACCESS consisting of over 6,000 patient visit date entries
- Rater and back-up Research Coordinator for multi-center clinical trials
- Interview and evaluate participants using a variety of standardized clinical and cognitive assessments

Research Assistant | Jacobs Neurological Institute

2007 (Aug) – 2008 (Jun)

Buffalo General Hospital 100 High Street, Buffalo, NY 14203

- Conduct flow cytometry on samples from patients with Multiple Sclerosis and Alzheimer's Disease
- Organize study start-up and conduct chart reviews
- Submit papers to various journals

RESEARCH SKILLS/CERTIFICATIONS

Certified Clinical Research Coordinator | by the Association of Clinical Research Professionals

Mental Health First Aid USA | by the National Council for Behavioral Health

HIPPA Certification (Health Insurance Portability and Accountability Act)

CITI (Collaborative Institutional Training Initiative)

Liquid Chromatography Mass Spectrometry

Flow Cytometry

Whole Blood Platelet Aggregometry

SYSTAT Statistical and Graphical Software

Blood Borne Pathogens Certification

Psychometrician | Rating Scales

Certified by the Research Foundation for Mental Hygiene

- C-SSRS (Columbia-Suicide Severity Rating Scale)

Certified by i3 Research

- NTB (Neuropsychologic Test Battery)
 - WMS-R Visual Paired Associates
 - WMS-R Verbal Paired Associates
 - WMS-Digit Span
 - WMS-Logical Memory I & II
 - Rey Auditory Verbal Learning Test
 - Category Naming Test
- NPI (Neuropsychiatric Inventory)
- ADAS-Cog (Alzheimer's Disease Assessment Scale – Cognitive subscale)

Cogstate Research

- Test Supervisor

Certified by Bracket

- S-STS (Sheehan Suicidality Tracking Scale)
- MHIS (Modified Hachinski Ischemia Scale)
- GDS (Geriatric Depression Scale)
- CDR (Clinical Dementia Rating Scale)
- MMSE (Mini-Mental Status Exam)
- MoCA (Montreal Cognitive Assessment)
- ADCS-ADL (Alzheimer's Disease Cooperative Study - Activities of Daily Living)
- FAQ (Functional Assessment Questionnaire)
- RUD-Lite (Resource Utilization in Dementia – Lite)
- EQ-5D (EuroQoL– 5 Domains)
- QoL-AD (Quality of Life – Alzheimer's Disease)
- ZCI-AD (Zarit Caregiver Interview – Alzheimer's Disease)
- FCSRT-IR (Free and Cued Selective Reminding Test – Immediate Recall)

Certified by the Cleveland Clinic Foundation

- MSFC (Multiple Sclerosis Functional Composite)
 - Timed 25-foot Walk
 - 9-HPT (9-Hole Peg Test)
 - PASAT -2' and 3' (Paced Auditory Serial Addition Test)
 - SLOAN (Low Contrast Visual Acuity)
 - SDMT (Symbol Digits Modality Test)

Certified by the ePharmaSolutions

- CGCIC (Clinical Global Impression of Change)

Excel Spreadsheet Data Analysis

Liquid Chromatography Mass Spectrometry

Flow Cytometry

Protocol Development, IRB and FDA submissions, and chart reading

RESEARCH EXPERIENCE

Intern | Buffalo Psychiatric Center

2007 (Jun) – 2008 (Jul)

- Conduct a pilot study with the inpatient population to observe the effects of the Nintendo Wii on self-care and cognitive measures
- Develop a more advanced protocol for measuring the cognitive rehabilitation effects on severely regressed inpatients in terms of attention and motivation to participate in offered activities
- Observe individualized treatment therapy sessions

Peer Relationships Research Assistant | University at Buffalo

2007 (Jul – Aug)

- Visit local middle schools to administer and collect peer relationship surveys completed by students

Research Coordinator Multi-Center Clinical Trials | Dent Neurologic Institute

2008 – Present

Back Up Coordinator

- Multiple Sclerosis Trials
- Alzheimer's Disease Trials
- Parkinson's Disease Trials

Co-Investigator for Investigator Initiated Research | Dent Neurologic Institute

2008 – Present

ABSTRACTS

Gengo, F., Rainka, M., **Westphal, E.**, Robson, M., Gengo, M., Hourihane, M., Bates, V. (2009). Platelet Response to Increased Aspirin Dose in Patients whose Platelets were Non-Responsive to Lower Aspirin Doses. *Stroke*, 40 e127. Abstract 85.

Gengo, F., Rainka, M., **Westphal, E.**, Radecki, L., Robson, M., Hourihane, M., Bates, V. (2010). An Assay to Assess Antiplatelet Effects of Dipyridamole at Therapeutic Concentrations. *The Journal of Clinical Pharmacology*, 50(9), 1069. Abstract 57.

Gengo, F., Robson, M., Rainka, M., **Westphal, E.**, Gengo, M., Hourihane, M., Bates, V. (2010). The Prevalence of Platelet Non-Responsiveness to Clopidogrel and the Effect of Cytochrome P450 1A2 Inducing Medications. Accepted. *The Journal of Clinical Pharmacology*, 50(9), 1069. Abstract 58.

Gengo, F., Rainka, M., **Westphal, E.**, Kurczewski, L., Hourihane, M., Bates, V. (2010). Clopidogrel Enhances Platelet Responsiveness to Aspirin. *The Journal of Clinical Pharmacology*, 50(9), 1070. Abstract 59.

Gengo, F., Rainka, M., **Westphal, E.**, Robson, M., Hourihane, M., Bates, V. (2010). Platelet Response to Increased Aspirin Dose in Patients Whose Platelets were Non-Responsive to Lower Aspirin Doses. *The Journal of Clinical Pharmacology*, 50(9), 1069. Abstract 56 (Encore).

Gengo, F.M., Przespo, E.R., **Westphal, E.S.**, Rainka, M.M., Rowcliffe, M.M., Hourihane, M., Bates, V. (2011). Evaluating the Clopidogrel-Proton Pump Inhibitor Interaction by Comparing Platelet Aggregation to ADP

with Clopidogrel in the Presence of Proton Pump Inhibitors. *The Journal of Clinical Pharmacology*. 51(9), 1331. Abstract 1118515.

Gengo, F., Nezami, B., **Westphal, E.S.**, Rainka, M., Rowcliffe, M.M., Bates, V. (2013, October). Topical Diclofenac Does Not Affect the Antiplatelet Properties of Aspirin as Compared to the Intermediate Effects of Oral Diclofenac: a Prospective, Randomized, Complete Crossover Study. *Clinical Pharmacology in Drug Development*. 2(S1). Abstract.

Westphal, E.S., Snyder, C.E., Rainka, M., Bates, V., Gengo, F. (2013, October). The Development of a Whole Blood Impedance Aggregometry Assay to Differentiate Between Pharmacokinetic and Pharmacodynamic Aspirin Resistance Using Varying Concentrations of DMSO and Aspirin. *Clinical Pharmacology in Drug Development*. 2(S1). Abstract.

Wolff, S., Gengo, F., **Westphal, E.S.**, Rainka, M., Bates, V. (2014, February). A Concentration Response Relationship between the Active Metabolite of Clopidogrel and its Antiplatelet Activity. *Stroke*. 45; Abstract T MP108.

Westphal, E.S., Gengo, F., Rainka, M., Galdun, P., Bates, V. (2015 February) Assessing Platelet Responsiveness to Aspirin Using Whole Blood Aggregometry versus Urinary 11-Dehydrothromboxane Testing. *Stroke*. 46; Abstract T P386.

Capote, H.A., Rainka, M.M., **Westphal, E.S.**, Ross, C.A., Laudisio, A., Pinger, B., Gengo, F.M. (2015 April). Ropinirole in Bipolar Depression: A Retrospective Review. *Neurology*. 84;14 Supplement P6.034

Gengo, F., Przespolweski, E., **Westphal, E.**, Rainka, M., Hourihane, M., Bates, V. (2015 April). Evaluating the Clopidogrel-Proton Pump Inhibitor Interaction by Comparing Platelet Aggregation to ADP with Clopidogrel in the Presence of Proton Pump Inhibitors. *Neurology*. 84;14 Supplement P5.144

Westphal, E.S., Rainka, M. M., Amsler, M., Aladeen, T., Snyder, C., Bates, V., Gengo F. M. (2017 February) Predicting Pharmacokinetic Versus Pharmacodynamic Aspirin Resistance in Patients. Anticipated publication in *Stroke*.

PUBLICATIONS

Zhang, L., Rainka, M., Freeman, R., et al. (2013). A Randomized, Double-Blind, Placebo-Controlled Trial to Assess the Efficacy and Safety of Gabapentin Enacarbil in Subjects with Neuropathic Pain Associated with Postherpetic Neuralgia (PXN110748). *The Journal of Pain*, 14(6), 590-603

Acknowledged for editorial comments and contributions to the development of the tables and figures.

Westphal, E.S., Gengo, F., Rainka, M., Robson, M., Hourihane, M., Bates, V., (June, 2014). Can a Higher Dose of Aspirin Improve Platelet Response in Patients With Stroke? *Neurology Reviews*, 22(6), 8

Gengo, F., **Westphal, E. S.**, Rainka, M., Janda, M., Robson, M., Hourihane, M., Bates, V. (2016 [Epub Oct, 2015]). Platelet Response to Increased Aspirin Dose in Patients with Persistent Platelet Aggregation While treated with Aspirin 81 mg. *The Journal of Clinical Pharmacology*, 56(4), 414-421

Rowcliffe, M., Nezami, B., **Westphal, E.S.**, Rainka, M., Janda, M., Bates, V. (2016 [Epub Nov, 2015]). Topical Diclofenac Does Not Affect the Antiplatelet Properties of Aspirin as Compared to the Intermediate Effects of Oral Diclofenac: A Prospective, Randomized, Complete Crossover Study. *Journal of Clinical Pharmacology*, 56(4), 422-428

Capote H. A., Rainka M., **Westphal, E. S.**, Beecher, J., Gengo F. M. (2017 [Epub Jan, 2017]). Ropinirole in Bipolar Disorder: Rate of Manic Switching and Change in Disease Severity. *Perspectives in Psychiatric Care Journal of Clinical Pharmacology*, 00(2017), 1-7 (Formal Journal Publication to Follow)

Rainka, M., Aladeen, T., **Westphal, E.**, Meaney, J., Gengo, F., Capote, H. (2017). L-Methylfolate Calcium in Adolescents and Children: A Retrospective Analysis. *Journal of Child and Adolescent Psychopharmacology*, 00(2017). (Accepted. Formal Publication to Follow)

PRESENTATIONS

Gengo, F., Rainka, M., **Westphal, E.**, Robson, M., Hourihane, M., Bates, V. (2009, February). *Platelet Response to Increased Aspirin Dose in Patients Whose Platelets were Non-Responsive to Lower Aspirin Doses*. Preventative Strategies oral presentation at International Stroke Conference, San Diego, CA.

Gengo, F., Rainka, M., **Westphal, E.**, Radecki, L., Robson, M., Hourihane, M., Bates, V. (2010, September) *An Assay to Assess Antiplatelet Effects of Dipyridamole at Therapeutic Concentrations*. Poster Session presented at the 39th Annual American College of Clinical Pharmacology Meeting, Baltimore, MD.

Gengo, F., Robson, M., Rainka, M., **Westphal, E.**, Gengo, M., Hourihane, M., Bates, V. (2010, September). *The Prevalence of Platelet Non-Responsiveness to Clopidogrel and the Effect of Cytochrome P450 1A2 Inducing Medications*. Poster Session presented at the 39th Annual American College of Clinical Pharmacology Meeting, Baltimore, MD.

Capote, H.A., Rainka, M.M., **Westphal, E.S.**, Ross, C.A., Laudisio, A., Pinger, B., Gengo, F.M. (2010, November). *Ropinirole in Bipolar Depression: A Retrospective Review*. Poster Session presented at the U.S. Psychiatric and Mental Health Congress: Conference and Exhibition, Orlando, FL.

Przespo, E.R., **Westphal, E.S.**, Rainka, M.M., Rowcliffe, M.M., Hourihane, M., Gengo, F.M., Bates, V. (2011, September) *Evaluating the Clopidogrel-Proton Pump Inhibitor Interaction by Comparing Platelet Aggregation to ADP with Clopidogrel in the Presence of Proton Pump Inhibitors*. Poster Session presented at the American College of Clinical Pharmacology 40th Annual Meeting, Chicago, IL. September 12, 2011.

Wollenberg, L. A., Ruszaj, D., **Westphal, E.**, Rainka, M., Gengo, F. (2012, October). *The Use of an Anion-exchange-based Solid Phase Extraction Method to Enhance the Sensitivity of Derivatized Clopidogrel Active Metabolite Detection by Traditional HPLC-MS/MS Assay*. Poster presented at the 2012 American Association of Pharmaceutical Scientists Annual Meeting and Exposition, Chicago, IL.

Gengo, F., Nezami, B., **Westphal, E.S.**, Rainka, M., Rowcliffe, M.M., Bates, V. (2013, September). *Topical Diclofenac Does Not Affect the Antiplatelet Properties of Aspirin as Compared to the Intermediate Effects of*

Oral Diclofenac: a Prospective, Randomized, Complete Crossover Study. Poster Session presented at the 2013 American College of Clinical Pharmacology Meeting, Bethesda, MD.

Westphal, E.S., Snyder, C. E., Rainka, M., Bates, V., Gengo, F. (2013, September). *The Development of a Whole Blood Impedance Aggregometry Assay to Differentiate Between Pharmacokinetic and Pharmacodynamic Aspirin Resistance Using Varying Concentrations of DMSO and Aspirin.* Poster Session presented at the 2013 American College of Clinical Pharmacology Meeting, Bethesda, MD.

Wolff, S., Gengo, F., **Westphal, E.S.**, Rainka, M., Bates, V. (2014, February). *A Concentration Response Relationship between the Active Metabolite of Clopidogrel and its Antiplatelet Activity.* Moderated Poster Presentation at the 2014 International Stroke Conference, San Diego, CA.

Bates, V., **Westphal, E.S.**, Rainka, M., Gengo, F. (2014, April). *90 Day Outcomes in Stroke/Transient ischemic Attack Patients Receiving Initial or Follow-up Care in Comprehensive Outpatient Stroke Center.* Poster Session presented at the 66th American Academy of Neurology Annual Meeting. Philadelphia, PA.

Wolff, S., Gengo, F., **Westphal, E.S.**, Rainka, M., Bates, V. (2014, April). *A Concentration Response Relationship between the Active Metabolite of Clopidogrel and its Antiplatelet Activity.* Poster presented as an encore at the 66th American Academy of Neurology Annual Meeting. Philadelphia, PA.

Gengo, F., Nezami, B., **Westphal, E.S.**, Rainka, M., Rowcliffe, M.M., Bates, V. (2014, April). *Topical Diclofenac Does Not Affect the Antiplatelet Properties of Aspirin as Compared to the Intermediate Effects of Oral Diclofenac: a Prospective, Randomized, Complete Crossover Study.* Poster presented at the 66th American Academy of Neurology Annual Meeting. Philadelphia, PA.

Westphal, E.S., Gengo, F., Rainka, M., Robson, M., Hourihane, M., Bates, V. (2014, April). *Platelet Response to Increased Aspirin Dose in Patients Whose Platelets Were Non-Responsive to Lower Aspirin Doses.* Poster presented as an encore at the 66th American Academy of Neurology Annual Meeting. Philadelphia, PA.

Highlighted for special importance and interest in the Endovascular & Interventional Neurology and Stroke & Vascular Neurology Highlights in the Field Presentation by Antonio Culebras, MD, FAAN

Westphal, E.S., Gengo, F., Rainka, M., Kurczewski, L., Hourihane, M., Bates, V. (2014, April). *Clopidogrel Enhances Platelet Responsiveness to Aspirin.* Poster presented as an encore at the 66th American Academy of Neurology Annual Meeting. Philadelphia, PA.

Westphal, E.S., Gengo, F., Rainka, M., Galdun, P., Bates, V. (2015 February) *Assessing Platelet Responsiveness to Aspirin Using Whole Blood Aggregometry versus Urinary 11-Dehydrothromboxane Testing.* Abstract presented as a poster at the International Stroke Conference, Nashville, TN.

Meaney, J., Rainka, M., Stanford, S., **Westphal, E.**, Asbach, N., Gengo, F., Capote, H. (2015 May). *Efficacy of L-Methylfolate for MDD in Patients with MTHFR Mutations.* Abstract presented as a poster at the Western Psychological Association Convention, Las Vegas, NV.

Westphal, E.S., Rainka, M. M., Amsler, M., Aladeen, T., Snyder, C., Bates, V., Gengo F. M. (2017 February) *Predicting Pharmacokinetic Versus Pharmacodynamic Aspirin Resistance in Patients*. Abstract accepted for presentation at the International Stroke Conference, Houston, TX.

Westphal, E.S., Rainka, M. M., Amsler, M., Aladeen, T., Snyder, C., Bates, V., Gengo F. M. (2017 April) *Predicting Pharmacokinetic Versus Pharmacodynamic Aspirin Resistance in Patients*. Abstract accepted as an encore presentation at the American Academy of Neurology 69th Annual Meeting, Boston, MA.

Westphal, E.S., Rainka, M. M., Amsler, M., Aladeen, T., Snyder, C., Bates, V., Gengo F. M. (2017 April) *The Clinical Implications of Assessing Platelet Responsiveness to Aspirin Using Whole Blood Platelet Aggregation versus Urinary 11-Dehydrothromboxane Testing*. Abstract accepted as an encore presentation at the American Academy of Neurology 69th Annual Meeting, Boston, MA.

MANUSCRIPTS IN PROGRESS

Wolff, S., Gengo, F., **Westphal, E.S.,** Rainka, M., Bates, V. (2017). *A Concentration Response Relationship between the Active Metabolite of Clopidogrel and its Antiplatelet Activity*. Manuscript in preparation.

SERVICE TO PROFESSION

Peer Reviewer. *British Journal of Clinical Pharmacology*. Reviewed article on the tolerability of an H3 antagonist in patients with schizophrenia. January 2013.

VOLUNTEER EXPERIENCE

| | |
|--|-------------------------|
| Eden Chamber of Commerce | 2002 – 2003 (Aug) |
| Assistant Cheerleading Coach | 1999 (Aug) – 2002 (Nov) |
| Special Olympics | 2005 – 2008 (May) |
| Buffalo Psychiatric Center | 2007 (Jun) – 2008 (Jul) |
| Jacobs Neurological Institute | 2007 (Aug) – 2008 (Apr) |
| Electronic Gaming Therapy | 2007 (Sep) – 2008 (Aug) |
| <ul style="list-style-type: none">• Provide a gaming experience as a medium for children diagnosed with spectrum Autistic Disorders and ADHD and provide psychosocial feedback to the psychologist | |
| Reed Street Productions (RSP) | 2013 (Aug) |
| Run For Your Lives 5K Zombie Run and Obstacle Course | |
| <ul style="list-style-type: none">• Volunteered as well as participated• Proceeds benefitted the Special Olympics | |
| Human Movement Management (HMM) | 2013 (Sep) – 2014 (Sep) |
| Dirty Girl 5K Mud Run and Obstacle Course | |
| <ul style="list-style-type: none">• Volunteered as well as participated• Proceeds benefit Bright Pink for Breast and Ovarian Cancer Awareness | |
| Erie County Department of Mental Health Subcommittee | 2013 (Aug) – Present |
| Erie County Department of Mental Health | 2014 (Mar) – Present |
| Mental Hygiene Community Services Board | |

- American Foundation for Suicide Prevention (AFSP) | Buffalo Out of the Darkness Walk Committee** 2014 (Mar) – Present
- Ranked 12th out of 360 walks nationwide in 2015
 - Ranked 16th out of over 500 walks nationwide in 2016
- Gateway Longview | Witham Cottage** 2016 (Jan) – Present
- Provide mentorship to disadvantaged youth
- Leadership Buffalo | Annual Project Day** 2015 – Present (Sep)
- Work on various community projects to Make Buffalo Better
- Leadership Buffalo | Team Advisor for the 2016 Class** 2016
- Heads-Up Program Facilitator | Bryant & Stratton College** 2016 (Sep) - Present
- Administer Heads-Up course to high school freshmen
 - As technology based communication replaces face to face interactions this course focuses on the soft skills youth need to make good first impressions

LEADERSHIP EXPERIENCE

- Vice President | University at Buffalo's Co-SIGN** 2007 – 2008
(College Student Interest Group in Neurology)
- Participated in the presentation to the University at Buffalo's Student Association senate and achieved official recognition and admittance to the Academic Council therefore granting the club a budget, vehicle usage, and office space
 - Implement volunteer and recreational activities such as scheduling relevant speakers of interest for students, volunteering for March of Dimes, club dinners, and distributing Halloween candy at the Salvation Army
 - Inform members of neurological volunteer and research opportunities with doctors in the Buffalo area as well as the graduate school process
 - Recruit members through wide scale advertising
 - Organize monthly meetings
- Intern Supervisor | Buffalo Psychiatric Center** 2007 – 2008
- Assign tasks to interns in order to fulfill the needs of the ongoing research project as well as data entry training
- Team Captain | Out of the Darkness Walk** 2010 – Present
- Ranked within the top 24 fundraisers out of over 1,500 participants in 2014 & 2016
 - Approached Dent Neurologic Institute regarding sponsoring a team for the American Foundation for Suicide Prevention's (AFSP) Out of the Darkness Walk and secured funds
 - Facilitated a method of fundraising within Dent for this and future charitable events
 - Recruited team members and increased suicide prevention awareness
 - Completed walk in memory of a family member
- Co-Chair | Erie County Department of Mental Health Subcommittee** 2014 – Present
- Formed and served on the Needs Assessment Work Group
 - Developed a survey that was distributed to providers, parents, consumers, peers, and advocates to determine what the Buffalo community felt were the topics of utmost importance
 - This determined the areas of action the Subcommittee would focus on for the remainder of their term
 - Founded collaboration with 2-1-1 WNY to improve community awareness of Wellness Initiatives throughout Western New York

Rising Leaders Program | Leadership Buffalo

2015

- A program dedicated to uniting emerging leaders from across disciplines with the goal of producing positive changes within the community by increasing class members' knowledge of issues, expanding their vision, and strengthening their ability to lead

HONORS AND AWARDS

Presidential Choice Award

Buffalo Urban League Scholarship

**University Scholars Program | University at Buffalo the State University of New York
Scholarship**

PROFESSIONAL MEMBERSHIPS

Association of Clinical Research Professionals (ACRP)

Erie County Department of Mental Health | Mental Health Subcommittee

Erie County Department of Mental Health | Mental Hygiene Community Services Board

Leadership Buffalo Member | Class of 2015 Graduate

Michele Queffelec Brooks, MPH

151 Colony Court
Amherst, NY 14226

- Public health professional with commitment to serving at-risk populations especially those with mental health and addiction challenges
 - Extensive experience with government, non-profit and private grants/contracts, including Office of Mental Health and Office of Alcohol and Substance Abuse
 - Strategic planning at system, organization and program levels
 - Broad knowledge of health and provider systems and resources such as mental health system, behavioral health homes and impact of social determinants
 - Significant financial management expertise
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Executive Director, National Alliance on Mental Health (NAMI) Buffalo & Erie County, April 2017 - Present

Oversee the administration of this non-profit agency that provides support, education and advocacy for families and friends of loved ones with mental illness. Meet agency goals for delivering signature family education programs, providing support through helpline and support groups, resource referrals, community outreach, fighting stigma and advocacy at the local, state and federal level.

- Expand agency's impact on families and the community by exploring new service delivery options and community partners.
- Develop more effective and efficient work processes to maximize agency's resources.
- Respond to helpline calls from families to provide support and assist with system navigation by drawing on personal experiences and those of others advocating for family members.
- Support board members to expand services and outreach and meet other NAMI goals.
- Direct completion of the NAMI "Mind Matters" resource guide.
- Build office infrastructure including implementation of data, payroll and phone systems.
- Retain and recruit critical volunteers to provide signature family education classes and support groups.

Director of Program Operations, EPIC – Every Person Influences Children, 2014 – 2016

Directed agency's multiple parenting education programs serving parents with mental health diagnoses, pregnant and parenting teens, new mothers, incarcerated and other at-risk parents.

- Full administrative responsibility for program implementation, data management and evaluation, contract management, reporting and staff management.
- Strategic planning for agency's program services, analysis of community needs and identification of growth areas.
- Improved process, procedures and outcomes for agency's largest parenting program - Families in Transition – for court-mandated parents with mental health diagnoses.
- Enhanced programs and services through collaboration with other agencies including Legal Aid Bureau of Buffalo, Buffalo Public Schools, hospitals and non-profit agencies.
- Increased attendance and impact of key programs by addressing unique barriers of participants such as site location, class times, and paperwork facilitation.
- Initiated data management system design for improved collection, evaluation and reporting.
- Aligned personnel and other program costs with budgets through process and staffing efficiencies.
- Researching, writing, procurement and renewal of multiple grants and contracts.

Program Director - Healthy Mom-Healthy Baby Program, Western New York Public Health Alliance, 2010-2013

Launched and directed multi-year \$1.4 million NYS Department of Health program to improve birth outcomes among low-income women through development of a coordinated, collaborative prenatal-perinatal system of health and human services providers.

- Developed strategic plan through engagement of community stakeholders in a series of collaborative planning sessions. Convened advisory groups for ongoing planning and feedback.

Program Director – Health Mom-Healthy Baby Program (continued)

- Researched, evaluated proposals for, and funded initiatives to meet program goals. Assisted grant recipients with development of workplans and outcome indicators.
- Facilitated collaborations and improved communications among non-profit agencies, community organizations, health plans, health care providers and faith-based organizations.
- Collaborated with Erie County Council for the Prevention of Alcohol and Substance Abuse to expand funding for marketing initiative to reduce prenatal alcohol use.
- Directed design of an online prenatal and parenting resource directory in collaboration with 2-1-1 WNY and community health and human service agencies.
- Oversaw preliminary development and evaluation of an inter-agency electronic referral and data system.
- Launched marketing campaign to promote prenatal resource directory and 24/7 call-line. Oversaw creation of culturally-sensitive videos, print materials, public displays, website and overall plan.
- Implemented community health worker programs in community health centers, family medicine practices, family resource center and school-based teen program. Arranged training and support group for outreach workers.

Program Director - Healthy Partners Program of Erie, UB Family Medicine, 2009-2010

Implemented \$1.7 million NYS Department of Health behavioral health home demonstration project serving chronically-ill Medicaid recipients, many with mental illness, substance abuse and/or disabilities.

- Provided leadership and supervision of outreach, enrollment, assessment, documentation, provider and member relations, social services coordination, personnel training, reporting and contract negotiations.
- Created partnerships with health providers to facilitate care coordination, including behavioral health, substance abuse and social service organizations. Maintained highly collaborative relationship with NYS Department of Health.
- Directed design of data system to collect, report and evaluate program information.
- Provided administrative oversight of RN case managers, social service coordinator and practice assistants.

Executive Director, Behavioral Healthcare Network, 2007-2009

- Managed the administrative and financial matters of association of over 25 clinical psychologists and therapists.
- Served as liaison to health insurance companies, communicating concerns, providing updates on major changes in insurance practices and policies, assisting in reimbursement issues and advocating for behavioral health parity.
- Explored professional and business opportunities including behavioral health integration with primary care practices.

Senior Manager/Manager, Price Waterhouse & Co, 1978-1989

Tax Supervisor, Dopkins & Company, 1998-2001

As a Certified Public Accountant with large public accounting firms, acquired extensive finance and managerial experience. Addressed all administrative and technical needs of corporate, non-profit and individual clients.

- Developed and coordinated planning, compliance, needs assessments and research projects.
- Supervised teams of up to 10 staff members. Responsible for staff development and performance evaluation.
- Communicated effectively with executive management, administrative staff and employees to develop and maintain long-term client relationships. Primary liaison between clients, banks, attorneys and IRS.

EDUCATION

- | | |
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| <ul style="list-style-type: none"> • MPH, State University of New York at Buffalo • BA, Kirkland College (Hamilton College), Clinton, NY • Cornell University – Accounting Program for Liberal Arts Graduates | <ul style="list-style-type: none"> • NYS CPA (inactive) • MPH Integrative Project: “The Patient-Centered Medical Home and Access to Care in Low Income Urban Populations” |
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PROFESSIONAL AND COMMUNITY ACTIVITIES

- Former Board Member of various non-profits including NAMI Buffalo & Erie County, United Cerebral Palsy Association (Aspire), Young Audiences of Western New York, WNY Perinatal Bereavement Network
- Independent Health MPH intern – Developed behavioral health integration training program for internal case management clinicians. Compiled reference tables of behavioral health disorders for case workers and health coaches
- University at Buffalo MPH Coordinating Committee/Health Services Advisory Committee