MENTAL HEALTH AWARENESS NIGHT FOR PARENTS & THE COMMUNITY

The Peter and Elizabeth C. TOWER Foundation

BUFFALO PUBLIC SCHOOLS · responsive · relevant · renewing

Monday , April 13, 2015

Waterfront Elementary School
95 Fourth Street, Buffalo 14202
6:00 pm — 8:30 pm

It is important to know what each of us can do to help maintain good mental health and help those around us.

THE PROGRAM INCLUDES:

- **Mental health information for children and adolescents including signs and symptoms and how to help yourself and others.**
- **A one act play "According to Josh" featuring Josh Rivedal.**
- **Community resources**
- **Refreshments and Door Prizes!!!**