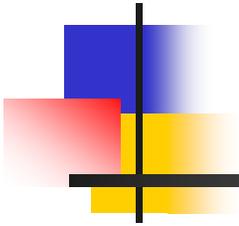
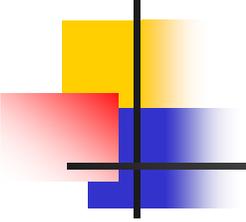


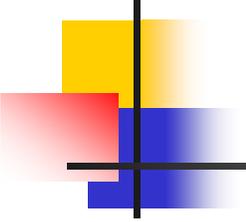
PERSONAL RECOVERY ORIENTED SERVICES





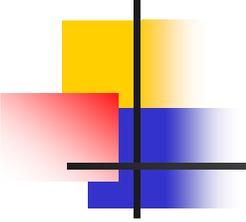
WHAT IS PROS?

- PROS is a new **recovery** model that involves treatment, support, and rehabilitation for all individuals with a mental illness
- PROS will combine clubhouses, vocational programs, IPRT, and rehabilitation programs with a new license that can include clinic services, counseling, and medication management



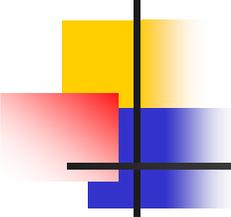
WHAT IS PROS?

- Continuing Day Treatment programs are also being encouraged by the New York State Office of Mental Health to convert to a PROS license.
- Medicaid will pay for all rehabilitation and recovery services offered by a PROS.



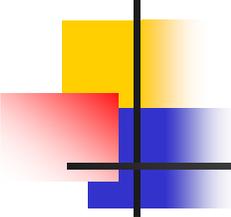
WHAT IS PROS?

- PROS is a model that concentrates on rehabilitation values and practices, *plus* offers a counseling and medication component



WHAT WILL PROS OFFER?

- Comprehensive assessments
- Individualized Recovery Planning, *developed with the member*
- Health and wellness activities
- 'Menu' of rehabilitation services designed to address individual goals
- Social and group activities
- Peer Services



Key Components of PROS

- CRS

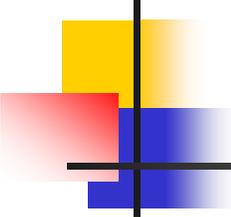
Community Rehabilitation and Support

- IR

Intensive Rehabilitation

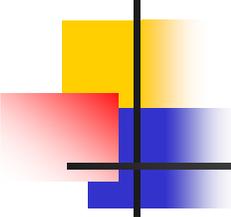
- ORS

Ongoing Rehabilitation and Support



KEY COMPONENTS OF PROS

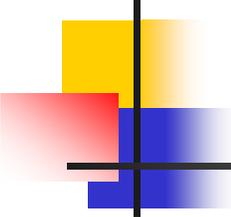
- Community Rehabilitation and Support
 - Services designed to engage and assist individuals in managing their illness;
 - Restoring those skills and supports necessary to live in the community; and
 - Services provided in an atmosphere that promotes friendship, a safe environment, and a sense of belonging



PROS CRS SERVICES

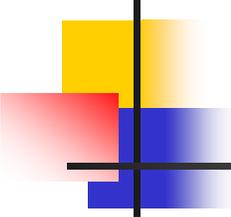
Community Rehabilitation and Support

- Assessment
- Basic living skills training
- Benefits and financial management
- Community living exploration
- Crisis intervention
- Engagement
- Individualized Recovery Planning
- Structured skill development & support
- Wellness self-management



KEY COMPONENTS OF PROS

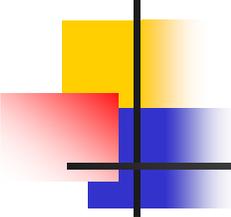
- Intensive Rehabilitation
 - Assisting individuals in attaining specific life goals such as competitive employment, independent housing, and school
 - Interventions to reduce hospitalizations and relapse, loss of housing, or involvement with the criminal justice system
 - Symptom management



PROS IR SERVICES

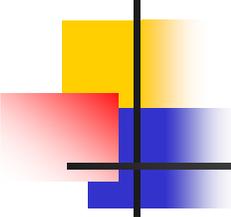
Intensive Rehabilitation

- Planning a rehabilitation goal and acquisition of goal
- Intensive relapse prevention
- Family education and support about mental illness, treatment, and available community supports
- Integrated treatment for co-occurring mental health and substance abuse disorders



KEY COMPONENTS OF PROS

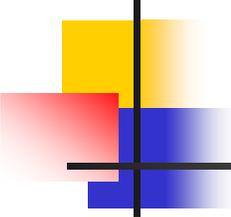
- Ongoing Rehabilitation and Support
 - Assisting participants in managing integration into a competitive workplace
 - Assisting individuals in *maintaining* employment in a job that they enjoy
 - Assisting individuals in forming positive relationships with their employers and co-workers



PROS ORS SERVICES

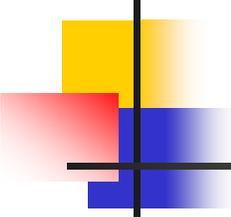
Ongoing Rehabilitation and Support

- Counseling, coaching, and advocacy services designed to assist individuals in maintaining employment
- Meetings with employers and those involved in the recovery plan to ensure job satisfaction and to resolve job-related problems
- Rapid job replacement if job is lost



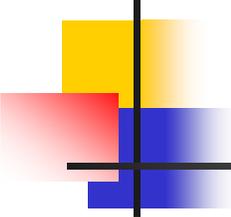
PROS ORS

- PROS programs may only bill ORS for individuals who work in a competitive job a ***minimum of 15 hours per week***, but that can be at least one 15 hour week within the month.
- Two face-to-face contacts, at least 30 minutes long and on separate days, must be conducted per month.
- Contacts must be off-site i.e. not at the PROS program



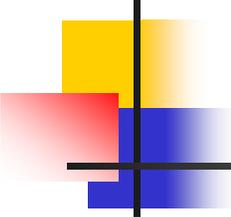
KEY COMPONENTS OF PROS

- Clinic Treatment
 - Providing individuals with a full array of clinical services addressing individual needs; counseling; therapy; health assessment
 - Availability of psychiatric evaluation, medication monitoring, and symptom monitoring
 - A Medical team -Psychiatrist, Nurse Practitioner and RN
 - Clinical treatment expected to be highly integrated into the support and rehabilitation focus of the PROS program



CONSUMER COMMITMENT

- Individuals can only be enrolled with a single PROS provider for Community Rehabilitation and Support (CRS) at a time
- Enrollees are asked to develop a person-centered individualized recovery plan reflecting their hopes, wishes, and dreams
- Consumers will provide feedback about services through 'satisfaction surveys', or other means. This will help 'tailor' programming to meet individual needs and improve the program



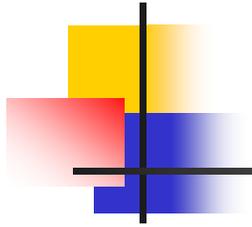
PROS ELIGIBILITY

- At least eighteen years of age
- Must have functional disability related to a mental illness
- Recommended for membership by a licensed practitioner of the healing arts
- Want to participate in a goal/recovery oriented program

BENEFITS OF PROS ENROLLMENT

- “One stop shopping” approach
- Recovery-focused goals and standards
- Individualized care: Wellness Recovery Plans
- Socialization opportunities
- Integration with Primary Care
- Support for education and employment opportunities
- Peer support





PROS Programs

Spectrum Human Services

Lake Shore Behavioral Health – Franklin Recovery

Lake Shore Behavioral Health – Abbott Corners

Lake Shore Behavioral Health– North Collins

Mid-Erie Counseling and Treatment Services

Horizon Health Services