

Erie County Stay Fit Dining Program

HISPANIC MENU

SEPTEMBER 2017

| Mon | Tue | Wed | Thu | Fri |
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| 28 Swedish Meatballs w/ White Rice Brussels Sprouts Sweet Corn Chocolate Pudding 785 | 29 Breaded Chicken Cutlet w/ Gravy Mashed Sweet Potatoes Mixed Veggies Dinner Roll Tropical Fruit Cup 813 | 30 Baked Lasagna Roll w/ Meat Sauce & Mozzarella Spinach & Mushrooms Cauliflower Whole Wheat Roll Strawberry Bavarian 814 | 31 Sliced Turkey Breast w/ Gravy & Stuffing Chive Mashed Potatoes Carrot Coins Frosted Lemon Cake 797 | 1 Steakhouse Burger & Bun Homestyle Baked Beans Creamy Macaroni & Cheese Marinated Veggie Salad Delicious Cherry Pie 1310 |
| 4 No Meals Served Due to Labor Day Holiday | 5 (2) Stuffed shells w/ Tomato Meat Sauce Cauliflower Seasoned Spinach Italian Bread Pineapple Tidbits 795 | 6 Breaded Chicken Cutlet w/ Gravy Mashed Sweet Potatoes Mixed Veggies Dinner Roll Fresh Banana 805 | 7 Hamburger w/ Onion Gravy Soft Roll Mashed Potatoes Stewed Tomatoes Sugar Cookies 936 | 8 Sliced Ham, Turkey, Swiss Cheese & Egg Fresh Mixed Greens Cherry Tomatoes & Carrots Wheat Dinner Roll Ambrosia 861 |
| 11 Hot Dog w/ Ketchup Hot Dog Bun Spanish Bean Medley Guava Nectar Tembleque 874 | 12 Breaded Boneless Chicken Breast w/ Gravy Mashed Squash Brussels Sprouts Dinner Roll Apple Oatmeal Bar 750 | 13 Breaded Veal Patty w/ Gravy Creamy Mashed Potatoes California Blend Veggies Whole Wheat Bread Frosted Brownie 967 | 14 Sliced Roast Pork w/ Mushroom Gravy Mashed Sweet Potatoes Harvard Beets Wheat Dinner Roll Fresh Apple 813 | 15 Homemade Stuffed Pepper w/ Savory Tomato Sauce Mashed Potatoes Chef Salad w/ Dressing Italian Bread Fruited Gelatin 941 |
| 18 Turkey Burger w/ Gravy Wheat Hamburger Bun Fresh Baked Sweet Potato Broccoli Pineapple Tidbits 658 | 19 Knockwurst w/ Sauerkraut Hot Dog Bun Mashed Potatoes Green Beans w/ Red Pepper Chocolate Pudding 746 | 20 Egg Salad Sandwich Wheat Bread Minestrone soup Carrot Coins Baked Apple Crisp 752 | 21 Sweet & Sour Chicken Over White Rice Seasoned Spinach Wax Beans Oatmeal Raisin Cookies 777 | 22 Beef & Rice Patty over Cabbage w/ Savory Sauce Mashed Potatoes Breakaway Dinner Roll Peaches 729 |
| 25 Chicken & Small White Bean Casserole White Rice Mixed Veggie Mango Nectar Butterscotch Pudding 749 | 26 Beef Macaroni Casserole Cheddar Cheese Italian Green Beans Sweet Corn Fresh Orange 778 | 27 Breaded Boneless Chicken Breast w/ Jardiniere Gravy Rice Pilaf Chef Salad w/ Dressing Carrot Coins Tropical Fruit Cup 779 | 28 Homestyle Meatloaf w/ Gravy Mashed Potatoes Spinach Rye Bread Frosted Spice Cake 852 | 29 Breaded Fish Patty w/ Tartar Sauce Macaroni & Cheese Broccoli Grape Juice Strawberry Oatmeal Bar 924 |