

## University Express Fall 2019

**Grand Island Golden Age Center**  
**3278 Whitehaven Road**  
**Grand Island, NY 14072**  
**773-9682 to register**

Day	Date	Time	Topic
Thursday	10/3/2019	1:00 PM	The Universal Declaration of Human Rights
Monday	10/7/2019	1:00 PM	The Guaranty Building
Wednesday	10/9/2019	1:00 PM	Left Brain vs. Right Brain
Thursday	10/10/2019	1:00 PM	To Kill A Mockingbird
Wednesday	10/16/2019	6:00 PM	Millard Fillmore Revisited
Wednesday	10/23/2019	1:00 PM	Dr. Roswell Park (1852- 1914), Renaissance Man
Friday	11/1/2019	10:00 AM	Grandparents Rights & Issues
Wednesday	11/13/2019	1:00 PM	Brain Games
Wednesday	11/13/2019	6:00 PM	Healthy State of Mind
Friday	11/15/2019	10:00 AM	Financial Benefits Check-Up: You Gave, Now SAVE!
Wednesday	11/20/2019	1:00 PM	Fitness Training for Brain Health
Wednesday	12/11/2019	6:00 PM	Early Buffalo Residents