

RSVP NEWS

VOLUNTEERS WELCOME

AT THE LACKAWANNA RESOURCE HUB



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The Lackawanna Coalition is a collaborative community-based effort to address gaps in service in the Lackawanna area. Gaps in services exist for grocery stores and affordable food; specialty health services; afterschool programs for youth, especially for youth whose families don't have a car; affordable and flexible transportation, especially for First Ward residents; and effective information channels, both among providers and between schools and parents. Members of the Coalition strive to provide these much needed services and more. Some members include: ACCESS of WNY, Baker Victory Services, Boys and Girls Club of Buffalo Inc., Boy Scouts of America, Catholic Charities, Catholic Health, Cornell Cooperative Extension of Erie County, Consumer Credit Counseling Services, CIR Electrical, Erie County Department of Social Services and now Erie county RSVP.

You can help by volunteering at the Lackawanna Resource Hub located at 75 Caldwell Place, Lackawanna, 14218. (Some of you may remember when we held Tribute Day at this Catholic Charities location!) Volunteers are needed every first and third Friday of the month, 8:30am-12:15pm to greet providers, pantry clients and community residents, assist residents complete a one page intake form, direct residents to the providers they indicated they are in need of, hand out flyers and assist where needed. Training, coffee and light refreshments are provided as well as ample onsite parking.

RSVP Advisory Council

Joan Bartholomew
 Tonalee Batchelor
 Myndi Block
 Kokila Chheda
 Mary Dickerson
 Jim Duffey
 Robert Flumerfeldt
 Gerald Gadra
 Richard J. Gehring
 Rose Marie Hall (Chairperson)
 Michele Margaris
 Brenda O'Neill
 Scott Laughlin
 (Vice Chairperson)
 Maureen Pantera
 Susan Siegel
 Elizabeth Triggs
 Rosemary White

To get involved, Call Pat or Carrie at 858-7548 or email carrie.smith@erie.gov

COACHES WANTED!



A MATTER OF BALANCE

MANAGING CONCERNS ABOUT FALLS

Chances are you know someone who has fallen or who is afraid of falling.

A Matter of Balance is a proven program designed to help people manage concerns about falls and increase physical activity. Erie County Department of Senior Services is

The program is conducted by 2 coaches that lead 8 two-hour sessions and uses group discussion, problem-solving strategies, videos and gentle physical exer-

FREE UPCOMING COACH TRAININGS:

Hamburg United Methodist Church

116 Union St. Hamburg, NY 14075

Town of Tonawanda Senior Cen- ter

291 Ensminger Rd. Tonawanda, NY
14150

Wednesday 8/23/17 1:00pm– 5:00pm
&

Friday 8/25/17 1:00pm– 5:00pm

Monday 10/23/17 12:15– 4:15pm &

Wednesday 10/25/17 12:15– 4:15pm

Contact Jordan Weixlmann for more information:

716-858-8081 or **Jor-**

- ♦ Change lives.
- ♦ Make a difference.

Be a part of an expanding

To be a coach you must have:
good communication and interpersonal skills, enthusiasm, dependability and a willingness to lead small groups of older adults. Coaches also



Telling Our Story

Recently, we have had the exciting experience of working with Trellis Marketing, Inc. to produce three videos to promote RSVP, spark interest in volunteerism and increase involvement from the local senior community. These impactful 2-3 minute videos will showcase the topics of healthy living, aging in place, the environment, preserving our cultural heritage, education and serving our veterans.

Each video features inspiring testimonials from volunteers and their program directors. Though we have only seen the first edits of these video's, our message comes across clear and beautiful thanks to the Trellis Marketing, Inc. team. "I can't tell you how incredibly proud and happy I am that RSVP now has these three beautiful videos that let our volunteers themselves tell the story about how volunteering has enriched both their lives and our community." , says RSVP Director, Pat Dowling. One of the volunteers featured also got a sneak preview and says, "Fantastic. I can't add anything to this. You guys did a great job on this video. Thank you for letting me be a part of it. I hope it may spur more people to volunteer. Steven Malkowski – RSVP Volunteer, Naval Park

The videos will be housed on our website and included in any presentations such as University Express and new volunteer orientations, social media outlets and hope to air on to air on WBBZ. We are confident they will help to strengthen our program, showcase our volunteers, and make RSVP's invitation to volunteer so much more eloquent and effective! Thank you Trellis Marketing Inc. to all who participated! We will be sure to share the final product when it becomes available.

Have a story to tell? We would love to feature your story in our next newsletter! Email Carrie at carrie.smith@erie.gov to share.



Trellis Marketing Inc. is an advertising agency that specializes in creating powerful ad campaigns that resonate in the hearts of consumers . They are professional, creative and a pleasure to work with. We highly recommend them!

<https://www.trellismarketing.com/>

SAVE THE DATE TRIBUTE DAY IS COMING!

Tribute Day is on it's way! A time to express our never-ending gratitude for your service. A time to mingle and share laughs with fellow RSVP Volunteers. And of course, a time for delicious food, prizes and entertainment! This year, we hope you can join us in the heart of Buffalo on **Thurs., Aug., 31st** at the WNED Studios located at 140 Lower Terrace, Buffalo, NY 14202, right next to the Adam's Mark. Loads of free parking available in the lot! As in years past, bus transportation will be available from certain locations to WNED.

Then, we are delighted to announce that we will have a very special concert given to us by The George Scott Big Band! The band was formed 1995 at the Historic Colored Musicians Club located at 145 Broadway, Buffalo, NY where the Band still rehearses every week. The Band plays a variety of music: Swing, Standards, Latin, Dance, and Vocals. Bring your boogie shoes and prepare to get down!

All RSVP volunteers who have submitted at least 40 hours of service in the past 12 months are invited as our guests. Keep your eyes out for your invitation coming soon!



SAVE THE DATE, AUG. 31ST!!!