

# Erie County Stay Fit Dining Program

## AFRICAN AMERICAN

MAY 2017

Mon	Tue	Wed	Thu	Fri
<p><b>1</b></p> <p>Turkey Burger w/Gravy Mashed Sweet Potatoes Green Beans w/ Red Pepper Whole Wheat Dinner Roll Pineapple Tidbits 766</p>	<p><b>2</b></p> <p>Hot Dog w/ Baked Beans Hot Dog Bun Broccoli Seasoned Red Potatoes Chocolate Pudding 858</p>	<p><b>3</b></p> <p>Beef &amp; Rice Patty w/ Cabbage &amp; Savory Sauce Mashed Potatoes Breakaway Roll Fruited Gelatin 750</p>	<p><b>4</b></p> <p>Sweet &amp; Sour Chicken w/ White Rice Seasoned Spinach Wax Beans Seasoned Spinach Carnival Sugar Cookies 777</p>	<p><b>5</b> <u>Cinco de Mayo Lunch!</u></p> <p>Chili Con Carne w/ Shredded Cheese Tortilla Carrot Coins Chef Salad w/ Dressing Tropical Fruit Cup 906</p>
<p><b>8</b></p> <p>BBQ Pork Ribette Hamburger Bun Chive Mashed Potatoes Tender Peas Fresh Apple 779</p>	<p><b>9</b></p> <p>Chicken &amp; Sausage Gumbo Over White Rice Italian Green Beans Sweet Corn Chocolate Chip Bar 832</p>	<p><b>10</b> <u>Mother's Day Lunch!</u></p> <p>Breaded Boneless Chicken w/ Jardiniere Gravy Rice Pilaf Chef Salad w/ Dressing Carrot Coins Banana Cream Pie! 1166</p>	<p><b>11</b></p> <p>Homemade Meatloaf w/ Gravy Mashed Potatoes Seasoned Spinach Rye Bread Oatmeal Raisin Cookies 804</p>	<p><b>12</b></p> <p>Breaded Fish w/Tartar Sauce Creamy Macaroni &amp; Cheese Broccoli Grape Juice Mandarin Oranges 830</p>
<p><b>15</b></p> <p>Breaded Chicken Breast w/ Cacciatore Sauce Seasoned Mashed Squash Green Beans Italian Bread Rice Krispie Square 689</p>	<p><b>16</b></p> <p>(3) Meatballs w/German Sauce Over Cavatappi Pasta California Blend Veggies Grape Juice Orange Pineapple Velvet 746</p>	<p><b>17</b></p> <p>Sliced Roasted Turkey Breast w/Gravy &amp; Stuffing Tender Peas &amp; Carrots Mashed Potatoes Spice Cake w/ Cream Cheese Frosting 825</p>	<p><b>18</b> <u>Entrée Salad</u></p> <p>Southwest Chicken Breast Tortilla w/Mexi-Ranch Dressing Lettuce &amp; Romaine Blend w/Shredded Carrots Corn, Bean &amp; Tomato Relish Apple Cranberry Crisp 986</p>	<p><b>19</b></p> <p>Homemade Stuffed Pepper w/ Savory Sauce Mashed Potatoes Seasoned Mixed Greens Cornbread Fruited Gelatin 845</p>
<p><b>22</b></p> <p>Creamy Turkey w/ Penne Pasta Fiesta Corn Mixed Veggies Lorna Doones 719</p>	<p><b>23</b></p> <p>Sloppy Joe Sandwich Wheat Hamburger Bun Carrot Coins Italian Bean Medley Pineapple Tidbits 748</p>	<p><b>24</b></p> <p>Baked Ham Steak w/ Mustard Sauce Oven Browned Potatoes Seasoned Mashed Squash Rye Bread Brownie w/ Chocolate Icing 797</p>	<p><b>25</b></p> <p>Sliced Roast Beef w/ Gravy Whole Wheat Hamburger Bun Sour Cream &amp; Chive Mashed Potatoes Green Beans Lemon Bavarian 679</p>	<p><b>26</b> <u>Memorial Day Lunch!</u></p> <p>BBQ Chicken Leg Mashed Potatoes Chopped Broccoli Dinner Roll Apple Pie! 950</p>
<p><b>29</b> <u>Memorial Day Holiday!</u></p> <p><b>NO MEALS SERVED</b></p>	<p><b>30</b></p> <p>Breaded Chicken Breast w/ Scallopini Sauce Mashed Sweet Potatoes Green Beans w/ Red Pepper Whole Wheat Dinner Roll Peach &amp; Pear Cup 782</p>	<p><b>31</b></p> <p>Creamy Macaroni &amp; Cheese Diced Beets Chopped Broccoli Rye Bread Fresh Banana 812</p>	<p><b>1</b></p> <p>Boneless Breaded Pork Chop w/ Gravy Mashed Potatoes Country Vegetables Whole Wheat Bread Chocolate Pudding 732</p>	<p><b>2</b></p> <p>Hamburger with Mushroom Gravy Oven Browned Potatoes w/ Red Peppers &amp; Onions Seasoned Mashed Squash Hamburger Roll Baked Apple Cranberry Crisp 1033</p>