

# Erie County Stay Fit Dining Program

HISPANIC MAY 2017

| Mon   | Tue  | Wed  | Thu  | Fri  |
|---|--|--|--|--|
| <b>1</b><br>Carne Guisada with Vegetables in Stew<br>White Rice<br>Green Beans w/ Red Pepper<br>Pineapple Tidbits 751                 | <b>2</b><br>Hot Dog w/ Baked Beans<br>Hot Dog Bun<br>Broccoli<br>Seasoned Red Potatoes<br>Chocolate Pudding 858  | <b>3</b><br>Beef & Rice Patty w/ Cabbage & Savory Sauce<br>Mashed Potatoes<br>Breakaway Roll<br>Fruited Gelatin 750  | <b>4</b><br>Sweet & Sour Chicken w/ White Rice<br>Seasoned Spinach<br>Wax Beans<br>Seasoned Spinach<br>Carnival Sugar Cookies 777  | <b>5</b> <u>Cinco de Mayo Lunch!</u><br>Chili Con Carne w/ Shredded Cheese<br>Tortilla<br>Carrot Coins<br>Chef Salad w/ Dressing<br>Tropical Fruit Cup 906 |
| <b>8</b><br>BBQ Pork Ribette<br>Hamburger Bun<br>Yuca<br>Tender Peas<br>Tembleque<br>938  | <b>9</b><br>Chicken & Sausage Gumbo Over White Rice<br>Italian Green Beans<br>Sweet Corn<br>Chocolate Chip Bar 832   | <b>10</b> <u>Mother's Day Lunch!</u><br>Breaded Boneless Chicken w/ Jardiniere Gravy<br>Rice Pilaf<br>Chef Salad w/ Dressing<br>Carrot Coins<br>Banana Cream Pie! 1166 | <b>11</b><br>Homemade Meatloaf w/ Gravy<br>Mashed Potatoes<br>Seasoned Spinach<br>Rye Bread<br>Oatmeal Raisin Cookies 804  | <b>12</b><br>Breaded Fish w/Tartar Sauce<br>Creamy Macaroni & Cheese<br>Broccoli<br>Grape Juice<br>Mandarin Oranges 830                                    |
| <b>15</b><br>Breaded Chicken Breast w/ Poultry Gravy<br>Calabasa<br>Spanish Bean Medley<br>White Rice<br>Stewed Hispanic Fruit<br>741 | <b>16</b><br>(3) Meatballs w/German Sauce Over Cavatappi Pasta<br>California Blend Veggies<br>Grape Juice<br>Orange Pineapple Velvet 746                         | <b>17</b><br>Sliced Roasted Turkey Breast w/Gravy & Stuffing<br>Tender Peas & Carrots<br>Mashed Potatoes<br>Spice Cake w/ Cream<br>Cheese Frosting 825                 | <b>18</b> <u>Entrée Salad</u><br>Southwest Chicken Breast<br>Tortilla w/Mexi-Ranch Dressing<br>Lettuce & Romaine Blend w/Shredded Carrots<br>Corn, Bean & Tomato Relish<br>Apple Cranberry Crisp 986 | <b>19</b><br>Homemade Stuffed Pepper w/ Savory Sauce<br>Mashed Potatoes<br>Wax Beans w/ Mushrooms & Carrots<br>Dinner Roll<br>Fruited Gelatin 801          |
| <b>22</b><br>Chicken and Small White Bean Casserole<br>Guava Nectar<br>Mixed Veggies<br>White Rice<br>Flan 905                        | <b>23</b><br>Sloppy Joe Sandwich<br>Wheat Hamburger Bun<br>Carrot Coins<br>Italian Bean Medley<br>Pineapple Tidbits 748  | <b>24</b><br>Baked Ham Steak w/ Mustard Sauce<br>Oven Browned Potatoes<br>Seasoned Mashed Squash<br>Rye Bread<br>Brownie w/ Chocolate Icing 797                        | <b>25</b><br>Sliced Roast Beef w/ Gravy<br>Whole Wheat Hamburger Bun<br>Sour Cream & Chive Mashed Potatoes<br>Green Beans<br>Lemon Bavarian 679  | <b>26</b> <u>Memorial Day Lunch!</u><br>BBQ Chicken Leg<br>Mashed Potatoes<br>Chopped Broccoli<br>Dinner Roll<br>Apple Pie! 950                            |
| <b>29</b> <u>Memorial Day Holiday!</u><br><br><b><u>NO MEALS SERVED</u></b>   | <b>30</b><br>Breaded Chicken Breast w/ Scallopini Sauce<br>Mashed Sweet Potatoes<br>Green Beans w/ Red Pepper<br>Whole Wheat Dinner Roll<br>Peach & Pear Cup 782 | <b>31</b><br>Creamy Macaroni & Cheese<br>Diced Beets<br>Chopped Broccoli<br>Rye Bread<br>Fresh Banana 812  | <b>1</b><br>Boneless Breaded Pork Chop w/ Gravy<br>Mashed Potatoes<br>Country Vegetables<br>Whole Wheat Bread<br>Chocolate Pudding 732   | <b>2</b><br>Hamburger with Mushroom Gravy<br>Oven Browned Potatoes w/ Red Peppers & Onions<br>Seasoned Mashed Squash<br>Dinner Roll<br>Fruited Gelatin 825 |