

# Erie County Stay Fit Dining Program

STANDARD MENU

MAY 2017

Mon	Tue	Wed	Thu	Fri
<b>1</b> Turkey Burger w/Gravy Mashed Sweet Potatoes Green Beans w/ Red Pepper Whole Wheat Dinner Roll Pineapple Tidbits 766	<b>2</b> Hot Dog w/ Baked Beans Hot Dog Bun Broccoli Seasoned Red Potatoes Chocolate Pudding 858	<b>3</b> Beef & Rice Patty w/ Cabbage & Savory Sauce Mashed Potatoes Breakaway Roll Fruited Gelatin 750	<b>4</b> Sweet & Sour Chicken w/ White Rice Seasoned Spinach Wax Beans Seasoned Spinach Carnival Sugar Cookies 777	<b>5</b> <u>Cinco de Mayo Lunch!</u> Chili Con Carne w/ Shredded Cheese Tortilla Carrot Coins Chef Salad w/ Dressing Tropical Fruit Cup 906
<b>8</b> BBQ Pork Ribette Hamburger Bun Chive Mashed Potatoes Tender Peas Fresh Apple 779	<b>9</b> Chicken & Sausage Gumbo Over White Rice Italian Green Beans Sweet Corn Chocolate Chip Bar 832	<b>10</b> <u>Mother's Day Lunch!</u> Breaded Boneless Chicken w/ Jardiniere Gravy Rice Pilaf Chef Salad w/ Dressing Carrot Coins Banana Cream Pie! 1166	<b>11</b> Homemade Meatloaf w/ Gravy Mashed Potatoes Seasoned Spinach Rye Bread Oatmeal Raisin Cookies 804	<b>12</b> Breaded Fish w/Tartar Sauce Creamy Macaroni & Cheese Broccoli Grape Juice Mandarin Oranges 830
<b>15</b> Breaded Chicken Breast w/ Cacciatore Sauce Seasoned Mashed Squash Green Beans Italian Bread Rice Krispie Square 689	<b>16</b> (3) Meatballs w/German Sauce Over Cavatappi Pasta California Blend Veggies Grape Juice Orange Pineapple Velvet 746	<b>17</b> Sliced Roasted Turkey Breast w/Gravy & Stuffing Tender Peas & Carrots Mashed Potatoes Spice Cake w/ Cream Cheese Frosting 825	<b>18</b> <u>Entrée Salad</u> Southwest Chicken Breast Tortilla w/Mexi-Ranch Dressing Lettuce & Romaine Blend w/Shredded Carrots Corn, Bean & Tomato Relish Apple Cranberry Crisp 986	<b>19</b> Homemade Stuffed Pepper w/ Savory Sauce Mashed Potatoes Wax Beans w/ Mushrooms & Carrots Dinner Roll Fruited Gelatin 801
<b>22</b> Creamy Turkey w/ Penne Pasta Fiesta Corn Mixed Veggies Lorna Doones 719	<b>23</b> Sloppy Joe Sandwich Wheat Hamburger Bun Carrot Coins Italian Bean Medley Pineapple Tidbits 748	<b>24</b> Baked Ham Steak w/ Mustard Sauce Oven Browned Potatoes Seasoned Mashed Squash Rye Bread Brownie w/ Chocolate Icing 797	<b>25</b> Sliced Roast Beef w/ Gravy Whole Wheat Hamburger Bun Sour Cream & Chive Mashed Potatoes Green Beans Lemon Bavarian 679	<b>26</b> <u>Memorial Day Lunch!</u> BBQ Chicken Leg Mashed Potatoes Chopped Broccoli Dinner Roll Apple Pie! 950
<b>29</b> <u>Memorial Day Holiday!</u>  <b><u>NO MEALS SERVED</u></b>	<b>30</b> Breaded Chicken Breast w/ Scallopini Sauce Mashed Sweet Potatoes Green Beans w/ Red Pepper Whole Wheat Dinner Roll Peach & Pear Cup 782	<b>31</b> Creamy Macaroni & Cheese Diced Beets Chopped Broccoli Rye Bread Fresh Banana 812	<b>1</b> Boneless Breaded Pork Chop w/ Gravy Mashed Potatoes Country Vegetables Whole Wheat Bread Chocolate Pudding 732	<b>2</b> Hamburger with Mushroom Gravy Oven Browned Potatoes w/ Red Peppers & Onions Seasoned Mashed Squash Dinner Roll Fruited Gelatin 825