

Family Caregivers:

Do you care for a family member with dementia?



Would you like a break to do errands, attend YOUR doctor appointments, exercise, go to lunch with a friend, or just RELAX?

There are now several "Respite" Programs in Erie County available at **NO CHARGE!**

Trained volunteers provide fun, one-on-one, stimulating, supervised activities including games, crafts, pet therapy, gentle exercise, music/singing and lunch or snacks for your loved one while you take a much deserved break. **ALL** are welcome!

FREE Respite Programs for the Memory Impaired in Erie County

Southtowns:

1st Wednesday each month

from 10:30 am - 2:30 pm at

First United Methodist Church

474 East Main St., Springville

Contact: Pastor Vonnie Vredenburg
592-7451

2nd Wednesday each month

from 10:30 am - 2:30 pm at

Hamburg United Methodist Church

116 Union St., Hamburg

Contact: Lisa Rood 941-5703

3rd Wednesday each month

from 10:30 am - 2:30 pm at

Eden United Methodist Church

2820 East Church St., Eden

Contact: Kevin Karstedt 992-2248

4th Wednesday each month

from 10:30 am - 2:30 pm at

Baker Memorial United Methodist Church

345 Main St., East Aurora

Contact: Rev. Becky Naber
652-0500 ext.102

Northtowns:

1st Wednesday each month

from 10:30 am - 2:30 pm at

Trinity Old Lutheran Church

3445 Sheridan Dr., Amherst

Contact: Sue Wloch 836-4868

1st Saturday each month

from 11am – 2 pm

St. Gregory the Great RC Church

200 St. Gregory Ct., Williamsville

Contact: Melissa Byron 688-5678 ext. 339

3rd Monday each month

from 4:30 pm – 7:30 pm

Clarence Senior Center

4600 Thompson Rd., Clarence

Contact: Karla Madrid 633-5138

3rd Friday each month

from 1 pm – 5 pm

C. Dee Wright Community Ministry Center

11 Church St., Akron

Contact: Judy Lucas 491-2909

*Sponsored by Erie County Senior Services; volunteers are trained by the Alzheimer's Association.
Please call the contact person for each program to register or for more information.
ALL are welcome to participate in any or all the programs.*