

Erie County Stay Fit Dining Program

HISPANIC MENU

MARCH 2016

Mon	Tue	Wed	Thu	Fri
29 Turkey Vegetable Casserole White Rice Guanabana Nectar Fresh Malanga Fruit Delight Bar 811	1 Homemade Goulash w/Shredded Cheese Broccoli Chef Salad w/Dressing Fresh Italian Bread Fresh Fruit 738	2 Ham Steak w/Mustard Sauce Mashed Sweet Potatoes Cauliflower Fresh Wheat Bread Strawberry Bavarian 644	3 Breaded Chicken Cutlet w/Cacciatore Sauce Carrot Coins Green Beans Wheat Roll Tropical Fruit 799	4 Entrée Salad Tuna Pasta Salad Fresh Mixed Greens w/Tomatoes & Carrots Grape Juice Unsalted Crackers Diced Pears 705
7 Knockwurst w/Sauerkraut Hot Dog Bun Whipped Potatoes Mixed Vegetables Diced Peaches 689	8 Boneless Chicken Breast w/Gravy Lima Bean Bake Carrot Coins Multigrain Bread Fruited Gelatin 575	9 Sliced Turkey w/Pan Gravy & Stuffing Whole Sweet Potatoes Apples & Cranberries Sugar Cookies 950	10 Homemade Stuffed Pepper w/Savory Sauce Whipped Potatoes Green Beans w/Mushrooms Dinner Roll Fresh Fruit 805	11 Vegetarian Chili Au Gratin Broccoli Grape Juice Fresh Cornbread Orange-Pineapple Velvet 841
14 Breaded Chicken Cutlet w/Gravy Wheat Soft Roll Corn Pudding Green Beans Cookies 898	15 Salisbury Steak w/Gravy Seasoned Spinach Spanish Rice Wheat Bread Apple Crisp 723	16 ENTRÉE SALAD Grilled Chicken Fresh Lettuce Blend Cherry Tomatoes & Carrots Creamy Italian Dressing Wheat Roll Fresh Fruit 659	17 ST. PAT'S LUNCH! Sliced Corned Beef w/Mustard Fresh Rye Bread Creamy Potato Soup Sautéed Cabbage & Carrots Leprechaun Donut 834	18 Cheese Omelet w/Cheese Sauce Home Fries w/Red Pepper Ratatouille Multigrain Bread Fruited Gelatin 738
21 Swedish Meatballs over White Rice Brussels Sprouts Carrot Coins Fig Bar 781	22 Oven Roasted Chicken Thigh Mashed Sweet Potatoes Mixed Vegetables Wheat Soft Roll Pineapple Tidbits 777	23 EASTER LUNCH! BONE-IN Breaded Pork Chop w/Gravy Duchess Potatoes Tender Peas Wheat Dinner Roll Coconut Cream Pie 1333	24 Ricotta-Stuffed Shells w/Meat Sauce & Mozzarella Cauliflower Seasoned Spinach Italian Bread Peach Bavarian 951	25 GOOD FRIDAY HOLIDAY! NO MEALS SERVED
28 DYNGUS DAY LUNCH! Traditional CABBAGE ROLL w/ Meat Sauce Whipped Potatoes Green Beans Breakaway Roll S'More Pudding 815	29 Vegetable Lasagna Roll w/Cheese Sauce Sweet Corn Italian Bread Tropical Fruit 785	30 Chili Con Carne Cauliflower Chef Salad w/Dressing Fresh Cornbread Fruit Delight Bar 824	31 Boneless Chicken Breast w/Gravy Mashed Squash Tender Peas Wheat Dinner Roll Fruited Gelatin 618	1 Ham Steak w/Polynesian Sauce Roasted Red Potatoes California Mix Vegetables Rye Bread Frosted Banana Cake 572