



# Eric County Stay Fit Dining Program Menu

## April 2022

Tuesday	Wednesday	Thursday
<b>29</b> <i>New Menu Item!</i> Chicken Shawarma Lemon Green Beans Cauliflower <b>Quinoa Tabbouleh Salad</b> Sugar Cookies (637)	<b>30</b> Roast Beef with Horseradish & Gravy Sweet Potatoes Savory Cabbage Rye Bread Frosted Cherry Cake (811) 	 Cranberry Chicken Salad on a Bed of Salad Greens Club Crackers Mandarin Oranges <b>Chocolate Milk</b> (718)
<b>5</b> <b>Soup &amp; Salad</b> Broccoli Cheddar Soup Chef Salad with Dressing Carrots Cornbread Mandarin Oranges (745)	<b>6</b> Polish Sausage with Sauerkraut & Mustard on a Bun Parslaid Potatoes Au Gratin Broccoli Rice Krispie Treat (831)	<b>7</b> Tortellini with Meatsauce <b>Chef Salad with Dressing</b> Italian Mixed Vegetables Italian Bread Fresh Apple <b>Chocolate Milk</b> (737)
<b>12</b> Beef Stroganoff over Pasta Broccoli Waxed Beans with Carrot Butterscotch Pudding (624)	<b>13</b> <b>Easter Meal</b> Chicken Cordon Bleu with Herb Cream Sauce Vegetable Rice Pilaf Orange-glazed Carrots Dinner Roll <b>Chef Salad with Dressing</b> Coconut Cream Pie (1150)	<b>14</b> Roast Pork Loin with Cranberry Compote Sweet Potatoes Green Bean Casserole Whole Wheat Bread Chunky Cinnamon Apples <b>Chocolate Milk</b> (758)
<b>19</b> <b>Easter Salad</b> Grilled Chicken, Mandarin Orange & Sunflower Salad Whole Wheat Crackers Strawberry Ice Cream (677)	<b>20</b> Beef Bourguignon Mashed Potatoes French Bean Medley Wheat Bread Oatmeal Raisin Cookies (857)	<b>21</b> Chicken Pasta Primavera Italian Vegetables Dinner Roll Fresh Banana <b>Chocolate Milk</b> (676)
<b>26</b> Hot Dog with Baked Beans & Ketchup on a Bun Roasted Red Potatoes Carrots Fresh Apple <b>Chocolate Milk</b> (766)	<b>27</b> <b>Easter Dinner</b> Julienne Salad with Dressing Rye Bread Cinnamon Streusel Cake (791)	<b>28</b> Lasagna Roll with Meat Sauce & Shredded Mozzarella California Vegetable Medley Grape Juice <b>Chef Salad with Dressing</b> Dinner Roll Lemon Bavarian (883)