



Erie County Stay Fit Dining Program

Standard Menu



May 2022

Tuesday	Wednesday	Thursday
3 Rigatoni with Italian Sausage & Tomato Sauce Cauliflower Chef Salad with Dressing Dinner Roll Peach Bavarian (783)	4 Mother's Day Lunch Chicken Piccata with Lemon Caper Sauce Roasted Rosemary Potatoes Broccoli Florets Dinner Roll Chef Salad with Dressing Cheesecake with Strawberry Topping (874)	5 Ancho Chicken Fajita Skillet with Peppers, Onions, Salsa & Shredded Cheddar Flour Tortilla Chef Salad with Dressing Spanish Rice Fiesta Corn Sherbet (960)
10 Stuffed Shells with Tomato Meat sauce & Mozzarella Chef Salad with Dressing Cauliflower Italian Bread Shortbread Cookies (864)	11 BBQ Pork Ribette Scalloped Potatoes Peas with Red Pepper Hot Dog Bun Chocolate Bavarian (863)	12 Entrée Salad Cranberry Chicken Salad on a Bed of Fresh Salad Greens Club Crackers Ice Cream (733)
17 Beef Stew with a Biscuit Brussels Sprouts Cinnamon Applesauce Chocolate Milk (675)	18 Cheese Tortellini with Chicken & Roasted Red Pepper Sauce Carrots Chef Salad with Dressing Italian Bread Strawberry Bavarian (610)	19 Turkey with Stuffing & Gravy Molded Cranberry Salad Mashed Butternut Squash Green Beans Fresh Orange (642)
24 Sloppy Joe on a Wheat Roll Cheesy Mashed Potatoes Broccoli Tropical Fruit (754)	25 Entrée Salad Southwestern Steak Salad with Ranch Dressing Dinner Roll Fresh Banana Chocolate Milk (962)	26 Vegetable Quiche with Cheese Sauce Seasoned Spinach Harvard Beets Blueberry Muffin Mandarin Oranges (883)
31 Breaded Chicken Breast with Buffalo-style Sauce on a Bun Fiesta Corn Broccoli Fresh Apple Chocolate Milk (781)	1 Whole Grain Pasta with Meatsauce Chef Salad with Dressing Dinner Roll Carrots Tapioca Pudding (878)	2 Soup & Salad Beef Barley Soup Rye Bread Chef Salad with Dressing Cauliflower Grape Juice Chocolate Mousse (740)