

COVID-19 update for youth hockey coaches and teams

MARK POLONCARZ, ESQ., ERIE COUNTY EXECUTIVE
LAUREN NICHOLAS, PHD, EPIDEMIOLOGY
JENNIFER DELANEY, PE, ENVIRONMENTAL HEALTH

The information presented here is current as of today's date unless otherwise noted. All data are provisional. For the latest information, reference links within the presentation or visit www.erie.gov/covid19



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Agenda

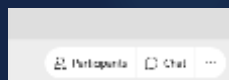
- ▶ Introduction & Housekeeping
- ▶ ECDOH Roles
 - ▶ Epidemiology and School Team
 - ▶ Isolation, Quarantine and "Pause"
 - ▶ Testing
 - ▶ Environmental Health
- ▶ Reducing Risk
- ▶ Questions & Answers



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Introduction & Housekeeping

- ▶ Welcome to WebEx!
- ▶ During Q&A period, please use the chat feature – on computer screens, bottom right of screen



- ▶ Questions after the event? Send to kara.kane@erie.gov or call (716) 858-4941



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Coaches' First Responsibility: Care for the Child

- ▶ USA Hockey Coach's Code of Conduct: "Winning is a consideration, but not the only one, nor the most important one. Care more about the child than winning the game. Remember, players are involved in hockey for fun and enjoyment."

<https://www.usahockeyrulebook.com/page/show/1015129-codes-of-conduct>



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ECDOH Roles

- ▶ NYS is the main authority for schools and sports & recreation guidance
- ▶ ECDOH:
 - ▶ Conducts case investigations and contact tracing
 - ▶ Enforces state and local regulations for permitted facilities & provides education/outreach



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Epidemiology School Team

- ▶ Case Investigation & Contact Tracing
 - ▶ Dr. Lauren Nicholas, lauren.nicholas@erie.gov
 - ▶ Amber Palmer MPH, amber.palmer@erie.gov
 - ▶ Rebecca Kerr MPH, rebecca.kerr@erie.gov
- ▶ Office hours: M-F, 9 a.m. – 3 p.m.



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Isolation & Quarantine

Break chain of disease transmission

- ▶ **Isolation:** separates sick people with a contagious disease from people who are not sick (10 days)
- ▶ **Quarantine:** separates and restricts movement of close contacts to see if they become sick (10 days)
- ▶ **Close contact:** within 6 feet of a person with COVID-19 for 10 minutes or more while they were infectious
 - ▶ May also use duration of exposure, proximity of contacts and presence of symptoms when placing people in quarantine

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Contact Tracing

- ▶ May not identify source of infection – in most cases, source may be suspected (e.g., from a household, workplace or social gathering) but cannot be confirmed
- ▶ Teams, schools & businesses assist with contact tracing; ECDOH places people in isolation or quarantine

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COVID-19: Teams on “Pause”

- ▶ Positive COVID-19 test for a player or coach → no in-person team activities or games for 10 days
- ▶ Goals:
 - ▶ Identify additional positive cases
 - ▶ Break chain of disease transmission
 - ▶ Get kids back to playing as soon as possible
 - ▶ 49 teams on pause in February – 25 are youth hockey teams

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COVID-19 Diagnostic Testing

- ▶ Sites at www.erie.gov/covidtestsites
- ▶ Free testing through ECDOH: call (716) 858-2929
- ▶ When to test
 - ▶ If you have COVID-19 symptoms
 - ▶ 5-7 days after an exposure to a confirmed COVID case
 - ▶ If your doctor recommends it
 - ▶ To know your status

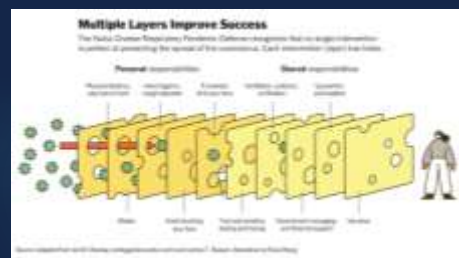
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Environmental Health

- ▶ Issues facility permits
- ▶ Provides education & outreach
- ▶ Investigates complaints
- ▶ Conducts inspections
- ▶ Enforces state and local regulations
- ▶ Contact: (716) 961-6800

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The Swiss Cheese Approach to Risk Reduction



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Reducing Risk & Keeping Kids on the Ice

- ▶ Coaches and parents set the tone
- ▶ Screening
- ▶ Communication
- ▶ Reconsidering travel and team activities
 - ▶ Transmission can come from various on- and off-field team activities outside of team practices and games: eating, meetings, locker rooms and driving.



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NY Forward Sports & Recreation Guidance Updates

- ▶ Athletes are required to wear a mask when not playing or practicing.
- ▶ Locker room use is strongly discouraged.
- ▶ Spectators: must wear masks; 2 per player.
- ▶ Indoor sports facilities limited to allow 50% capacity.
- ▶ Vaccination status does not alter requirements.
- ▶ All other NYSDOH Sports & Recreation requirements must be followed by teams and facilities.



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NY Forward Sports & Recreation Guidance Updates

- ▶ Current NYS Travel Advisory guidance applies to athletes, coaches and family members who choose to travel to non-contiguous states.
- ▶ Travel within NYS is allowed, but it exposes your teams and their families to additional risk of transmission, especially if teams from out-of-state are playing.



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Protect Yourself & Each Other

- ▶ Stay home if you feel ill
- ▶ Avoid in-person, indoor gatherings
- ▶ Avoid travel to areas with high levels of COVID-19 community transmission
- ▶ Wear a face mask in public and around people not living in your home
- ▶ Keep your physical distance — >> 6 ft apart
- ▶ Wash your hands with soap and water



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Final Comments

- ▶ Our goals:
 - ▶ Reduce community transmission of COVID-19
 - ▶ Keep students, school staff and their families healthy
 - ▶ Keep schools open; keep kids playing
 - ▶ Help teams and facilities follow NY Forward guidance



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Questions & Answers

- ▶ Regular video updates – Tuesdays at 2 p.m. Erie County, NY YouTube Channel www.youtube.com/eriecountyny
- ▶ Social media
 - ▶ Twitter (ECDOH)
 - ▶ Facebook (Erie County Department of Health)
 - ▶ Instagram (@eriecohealth)
- ▶ Information Line: (716) 858-2929
- ▶ Web Site: www.erie.gov/covid19



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