

# Quit Smoking and Get Free Diapers

## THE BABY & ME TOBACCO-FREE PROGRAM

**We Help Pregnant Women  
Quit Smoking and Stay Quit**

For more information contact:  
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### PROGRAM REQUIREMENTS

- ✓ Enroll in the BABY & ME – Tobacco Free Program and participate in 4 prenatal smoking cessation sessions. We can come to your home!
- ✓ Quit smoking and stay quit during your pregnancy.
- ✓ Agree to take a breath test/saliva test at every session.
- ✓ Stay smoke free after the baby is born and receive a monthly voucher for FREE DIAPERS, for up to 6 months.