Erie County Department of Health
Public Health
Prevent. Promote. Protect.

Release from Quarantine with COVID-19 Testing

Isolation & Quarantine Release Documents: www.erie.gov/iq

Last date of exposure: _____

First day to test: _____

Release from quarantine with negative test result: _____

Release from quarantine if no testing is done: _____

Monitor for symptoms & wear a mask

Quarantine

Day	
0	Last date of COVID-19 exposure
1	
2	
3	
4	
5	First day to test → POSITIVE TEST
6	NEGATIVE TEST ↓
7	
8	Release from quarantine with negative test result
9	
10	
11	Release from quarantine if no testing done
12-14	

Isolation

Day	If no symptoms, Day 0 is date of positive test. If symptoms, Day 0 is date of symptom onset.
0	
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	Release from isolation if symptoms are improving

If you develop COVID-19 symptoms, call your doctor.

Household transmission is a major source of new COVID-19 cases in Erie County.

- Fully vaccinated individuals do not need to quarantine after a COVID-19 exposure as long as they remain symptom-free.
- A COVID-19 test is recommended 5-7 days after any exposure, regardless of vaccination status.
- If symptoms develop at any point during quarantine, the full quarantine period must be maintained. Symptomatic k-12 students, follow NYSDOH Return to School guidance.
- Negative results from at-home COVID-19 tests are not accepted to be released early from quarantine.

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