

# LWE Older Adult Work Group | MINUTES

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9/24/2020 | 11:00a-12:30p | virtual

Minutes were approved from last meeting 7.23.20

## **Sub group committee updates:**

**Nutrition-** (Jim Strusienski) Increased roles with all of our MOW locations, FeedMore, Twin City, Elma and Grand Island. When COVID hit these sites needed to coordinate to face the challenges of congregate dining sites closing and the increased need for Home Delivered meals. We are working on a plan that would include and allow for availability of frozen and weekend meals as a safe and affordable option. Francesca Mesiah was added.

**Transportation-** (Broderick Cason) the committee has been working on the mobility piece of transportation. Looking into car share and bike share opportunities. There are e-bikes available that provide GPS capability. Looking to provide grocery delivery. Possibly coordinate with Hearts and Hands. Tracy S. mentioned she is working on a complete streets policy and this may be helpful to coordinate.

**Mental Health-** (Cathleen Larson) Have had the opportunity to connect with OATS (Older Adult Technology Services) could be a great resource for older adults and training opportunities with devices, etc. Reach out to Brittany Perez to gather information on a transportation grant she had previously worked on with the Health Foundation.

**Financial Security-** (Joyelle Tedeschi) committee will be establishing a virtual seminar/educational session. Medicaid laws are changing. Nick will follow up with attorney before moving forward on virtual seminar. Joy suggested the creation of a toolkit, "What You Need to Know" guidebook that would assist entities in evaluating their ability to start such programs.

If you have any interest in joining any of the above subcommittees please contact Christy to be added.

211- Kelly now has print materials available for distribution. 211 is a phone number that connects people to services 24/7. Allowing them to speak to a live representative. Please email Christy to request print materials.

Dave provided EC updates. CSEA and the County Executive have reached an agreement that would allow EC employees to work from home until the end of 2020.

Almost half of our congregate dining sites have reopened without issues.

Karen mentioned the success of Elder Law Day Virtual Summer Series. We have had an average of 30 attendees over the last 11 sessions. Final session is upcoming Wednesday, September 30, 2020 @ 10am. For more information, please visit [erie.gov/ELD](http://erie.gov/ELD).

Discussion of adding 15-30 minutes presentation to this group monthly. Please email Christy with suggestions of topics and instructors moving forward. We only have 2 more meeting this year.

We will be working on our 2021 LWE OAW schedule.

Next meeting will take place on October 22nd, 2020 @ 11am

Next Full Task Force meeting will take place on November 5<sup>th</sup>, 2020 @ 9am