

Looking to connect with others during this time?

Trying to quit/cut down drug or alcohol use?

Looking for something fun and different to do?



## We offer FREE sober social activities for people between the ages of 16 and 30!

For more info, or to attend, this month's online event call us @ (716) 539-5507 or text Jaclyn @ 716-420-4000 to be added to the online group

New activities each month chosen by attendees

Due to Covid-19 this month's activities will be held virtually:

**Friday April 24<sup>th</sup> @ 2 pm, ages 18-30**



@SpectrumHumanServices



youth\_prosocial



**SpectrumHealth**  
& Human Services

