

20-Something Support Group Now Online!

This can be an especially stressful time for everyone, so the YPAs are here to help you maintain your wellness and self-care despite the changes around us.

20-Something Support Group is open to transition-age youth ages 18-28. Youth Peer Advocates facilitate this strength-based and recovery centered group to provide validation and support to emerging adults facing mental health and/or substance use struggles.

Summer 2020 Schedule

Fridays from 6:00-7:30 PM via Zoom Meeting

June 5th, 12th, 19th, & 26th

July 3rd, 10th, 17th, 24th, & 31st

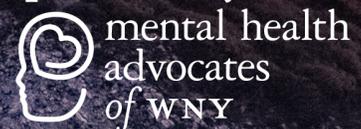
August 7th, 14th, 21st, & 28th

For more info or to RSVP:

Email peersupport@mhawny.org, call (716) 886-1242 X 345,
or call/text: (716) 245-5339



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