

## Family Caregivers: Do you care for a family member with dementia?

Would you like to do errands, exercise, shop, attend YOUR doctor appointment, have lunch with a friend, or just RELAX?



There are many Social "Respite" Programs in Erie County available at **NO CHARGE!** Trained volunteers provide fun, one-on-one, stimulating, supervised activities including games, crafts, pet therapy, gentle exercise, music/singing and lunch or snacks for your loved one while you take a much deserved break. **ALL** are welcome!

### 1st Wednesday, 10:30am – 2:30 pm

First United Methodist Church  
474 East Main St., Springville  
Contact: Barb Blesy 592-7451

### 2nd Wednesday, 10:30 am - 2:30 pm

Hamburg United Methodist Church  
116 Union St., Hamburg  
Contact: Lisa Rood 941-5703

### 3rd Wednesday, 10:30 am - 2:30 pm

Eden United Methodist Church  
2820 East Church St., Eden  
Contact: Kevin Karstedt 992-2248

### 4th Wed. & 2<sup>nd</sup> Thurs., 10:30 am - 2:30

Baker Memorial United Methodist Church  
345 Main St., East Aurora  
Contact: Michele Engasser 652-0500

### 3<sup>rd</sup> Thursday, 10:30 am – 2:30 pm

St. David's Episcopal Church  
3951 Seneca St, West Seneca  
Contact: Annie Francowiak 674-4670

### 1st Thursdays, 10:30 am – 2:30 pm

Holland United Methodist Church  
11699 Partridge Rd., Holland  
Contact: Cindy Cassavino 388-3150

### 1<sup>st</sup> Wednesday, 11 am - 3 pm

Southtowns Family YMCA  
1620 S. Western Blvd., West Seneca 14224  
Contact: Marla Walker 674-9622 ext. 138

### 2<sup>nd</sup> Saturday, 10:30 am – 2:30 pm

Grace Lutheran Evangelical Church  
174 Cazenovia St., Buffalo 14210  
Contact: Susan Swanson 992-3814

### 1st Tuesday, 11:30 am - 3:30pm

St. John the Baptist RC Church  
1085 Englewood Avenue, Kenmore  
Contact: Mary Elias: 716.874.0672

### 1<sup>st</sup> Wednesday, 10:30 am - 2:30 pm

Trinity Old Lutheran Church  
3445 Sheridan Dr., Amherst  
Contact: Jan or Paulette 836-4868

### 1<sup>st</sup> Saturday, 11am – 2 pm

St. Gregory the Great RC Church  
200 St. Gregory Ct., Williamsville  
Contact: Lee Zach 688-5678 ext. 339

### 3<sup>rd</sup> Monday, 4:30 pm – 7:30 pm

Clarence Senior Center  
4600 Thompson Rd., Clarence  
Contact: Deb Sabbatis 633-5138

### 3<sup>rd</sup> Tuesday, 10:30 am – 2:30 pm

1<sup>st</sup> Presbyterian Church  
149 Broad St., Tonawanda  
Contact: Kathy Greenawalt 692-1319

### 4<sup>th</sup> Wednesday, 1:30 – 5:30 pm

Golden Age Center  
3278 Whitehaven Rd., Grand Island  
Contact: Jennifer Menter 773-9682

### 2<sup>nd</sup> Tuesdays, 10 am – 2 pm

Asbury United Methodist Church  
850 Dodge Rd., Getzville  
Contact: Pat Hair 580-3861 or [asburyangels@gmail.com](mailto:asburyangels@gmail.com)

### 3<sup>rd</sup> Thursday, 11 am – 3 pm

Lincoln Memorial United Methodist Church  
641 Masten Ave., Buffalo 14209  
Contact: Hazel Wilkins 833-3847

### 2<sup>nd</sup> Thursday, 10:30 am – 2:30 pm

First Church of Evans  
7431 Erie Rd. Derby 14047  
Contact: Debby Waddell 549-0908

### 2<sup>nd</sup> Tuesday, 10 am – 2 pm

Orchard Park Presbyterian Church  
4369 S. Buffalo St., Orchard Park  
Contact: Sherry Pomeroy 662-9348 ext. 309

*Sponsored by Erie County Senior Services, DOH; volunteers are trained by the Alzheimer's Association. Please call the contact person for each program to register or for more information. ALL are welcome to participate in any or all the programs.*