**Erie County Stay Fit Dining Program**

**Frozen Meals Menu – April 2021**

The Erie County Stay Fit Dining Program is pleased to offer the 3-, 5-, 6-, 8- or 10-pack varieties of Frozen Meals through the new Frozen Meal Program. The 3-, 6- and 8-pack meals will have some combination of the meals offered in the 5-pack. The 10-pack will 2 identical 5-packs. A roll, milk and dessert are included with each meal.

**Meals for Week of April 5th**

Stuffed Shells with Sausage Tomato Sauce, Seasoned Spinach, Mixed Vegetables

Hamburger with Gravy, Mashed Potatoes, Broccoli

Chicken Casserole, Parslied Potatoes, Carrots

Chicken Breast with Lemon Herb Sauce, Sweet Potatoes, Peas

Tortellini with Cream Sauce, Italian Green Beans, Cauliflower

**Meals for Week of April 12th**

Pork Ribette with BBQ Sauce, Cheesy Mashed Potatoes, Seasoned Mixed Greens

Beef Stew with a Biscuit, Brussels Sprouts

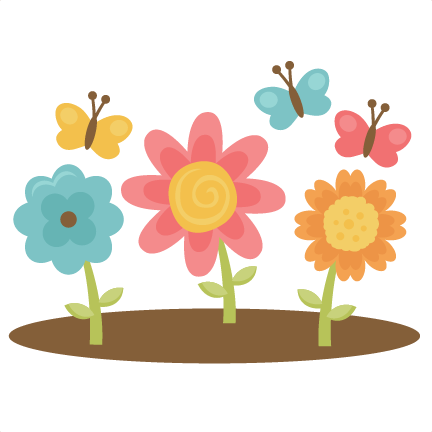
Beef & Sausage Macaroni Casserole, Corn, California Mixed Vegetables

Turkey with Gravy, Mashed Potatoes, Peas & Carrots

Beer Battered Fish, Macaroni & Cheese, Green Beans





**Erie County Stay Fit Dining Program**

**Frozen Meals Menu – April 2021**

**Meals for Week of April 19th**

Butternut Squash Ravioli with Chicken Paprika Cream Sauce, Peas, Summer Squash

Sausage with Baked Beans, Roasted Potatoes, Mixed Vegetables

Breaded Chicken Breast with Herb Cream Sauce, Rice Pilaf, Orange-glazed Carrots

Meatballs with Tomato Sauce, Mashed Potatoes, Corn

Macaroni & Cheese, Stewed Tomatoes, Broccoli

**Meals for Week of April 26th**

Polish Sausage with Sauerkraut, Mashed Potatoes, Carrots

Macaroni & Cheese, Stewed Tomatoes, Green Beans

Chicken Breast with Marsala Sauce, Rice Pilaf, California Blend Vegetables

Tortellini with Meat Sauce, Seasoned Spinach, Italian Mixed Vegetables

Hamburger with Onion Gravy, Scalloped Potatoes, Peas





